Our Vision: “To Bring Christ and His message, in all its richness, into the hearts and lives of all.”

Principal’s Message
Dear Parents, Staff and Students
Recently I spoke to you about the 2020 Plenary Council that the Catholic Church in Australia is undertaking. Next week Vicki Pettett and I will be working with the staff here at St Therese’s to collect their views as to where the Catholic Church should be heading in the future. Over the next few weeks we will be inviting parents to come to a series of meetings to talk about this issue. Please be on the lookout for a note asking you for your availability.

Compass
We are progressing well with the implementation of the new programme. On Thursday of week 8 of this term (13th Sept) all parents will receive information in relation to our changeover to the “live” component for parents of the programme. This will allow you to have direct access to a number of areas about your child’s learning. Obviously over the coming months we will increase this access as we ourselves come to better use the programme. Please be aware that we are planning to go fully onto Compass by week 1 of Term 4. This will mean that what you are currently doing on Skoolbag will be redundant and you will use Compass app instead. For those of you who are stressing, don’t, if I can do it you will be able too.

Mercy Charism
On Tuesday evening from 4-8pm the staff participated in a workshop facilitated by Margery Jackman from the Sisters of Mercy. As you would know St Therese’s was founded by the Sisters of Mercy, with its first Principal being Sister Cyril who would ride on horse and buggy from Lambton every day to come and teach the children. As a school over the coming year we will be revisiting our faith roots which is in line with the Sisters of Mercy and their charism, of compassion, love and good works for the needy.

Father’s Day
I take this opportunity to extend an invitation to all the dads, grandads and carers of our children to celebrate Father’s Day with a breakfast this Friday, 31st August commencing at 7.00am in the Main Hall. You will receive a note today asking you to RSVP for catering purposes.

In Service 10th September
A reminder that the staff In Service day will be held on Monday 10th September. This will be PUPIL FREE DAY and I would direct you to our OOSH if you require child minding on that day.

Principals Review
Thank you to all those parents (some 400 of you) who took the time to respond to the survey sent early last term. Yesterday two Assistant Directors came to school to interview staff and some parents in relation to my performance. I was humbled by the kind comments and your thoughtful feedback.

Duilio Rufo – Principal
Assistant Principals Message

NAPLAN Readiness Trials

This week students in Years 3 and 5 will complete the NAPLAN Readiness Test. This is designed to “test” the online NAPLAN platform as well as the structures we have in place at St Therese’s, to ensure they are adequate to support online NAPLAN in 2019. The test will have NO impact on student’s data from the actual NAPLAN that was completed by students in May. We have informed all our students in Years 3 & 5 of the purpose of the readiness test, please assure your child that they do not need to worry about doing the test.

Compass Parent Portal

As you may be aware, St Therese’s started using “Compass”, a student information management system that is being rolled out across the Maitland-Newcastle Diocese. Compass is an effective and centralised system that allows schools to coordinate all data for students across the school. Within the next 18 months, Compass will also allow information from feeder primary schools to be transferred to high schools within the diocese, allowing for a more effective transition of information. A note will be sent home at the end of Week 8 with your log in details - please keep your username safe, as we cannot give out usernames to parents who forget theirs over the phone or via email, for security reasons. If you do forget your username, you will need to come into the office to see the office staff. We are running a number of parent information sessions to assist parents to use Compass as follows:

- Tuesday 18 September at 9:30am
- Tuesday 18 September at 1:30pm
- Wednesday 19 September at 5:30pm

All sessions will be the same and all will be held in the Main Hall.

Just a reminder that “pink slips” cannot be used if your child arrive late or you need to pick your child up early. Parents (or carers) must report to the office to use the “kiosk” for late arrivals or early leavers. You will then be given an yellow note to present to your child's teacher. A small number of children are arriving late to school and going straight to their class. Our new procedures, with the arrival of Compass, state that children will be sent back to the office and parents will be asked to come back to school to sign their child in. These procedures are in line with CSO requirements to ensure all our students are safe. As staff also get used to the new Compass system, there have been occasions where parents have received a text indicating that there child has been marked absent, even though a Skoolbag absent note has been sent in. There are days where our office staff and library assistants have a large volume of Skoolbag notifications to enter into Compass before the 9:30 am cut-off when the automated texts are sent. If you have sent in a notification on Skoolbag, please disregard the text. When the parent portal is launched this will be fully automated. We appreciate your patience with our new procedures.

Kaylene Maretich - Assistant Principal

RE News

From Pope Francis @pontifex

“The #Family is the cradle of life and the school of love and acceptance. It is a window thrown open to the mystery of God.”

Sacramental News

Congratulations to our next group of children who made their First Communion on Sunday: Matthew A, Archie G, Tommie O, Joshua M, Samuel M, Eve Muller, Kieran S, Gabe T, Oliver T, Marcus C, Noah C, Olivia C, Milla E, Lucan E, Ruby L, Lucinda M, Angelina M, Noah G, Austin H, Matilda G, Lucy D, Nina P, Benjamin P. Ice blocks were again enjoyed by the children. We are now about half way through the process! Thank you parents and children for your reverence and attendance at these special Masses.
Mercy Day

Thank you for supporting our Mercy day on Friday- all money goes to support Indigenous children living in camps near Alice Springs attend preschool and learn about personal health and have fun learning. Our year four students enjoyed being the hosts of this day and were very pleased to achieve a total of $1,256.50. A big thank you to the generous families in our school community.

Vickie Pettett - Religious Education Coordinator

School Community Notices

Canteen News

The Fathers Day Breakfast is this Friday 31 Aug. To ensure we have enough egg & bacon rolls for everyone can you please RSVP by Wednesday 29Aug to the Office.

<table>
<thead>
<tr>
<th>Wednesday 29/8</th>
<th>Thursday 30/8</th>
<th>Friday 31/8</th>
<th>Monday 3/9</th>
<th>Tuesday 4/9</th>
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<tbody>
<tr>
<td>Karen Bodel</td>
<td>Tanya Grogan</td>
<td>Kristy Lawrence</td>
<td>Narelle Aston</td>
<td>Michelle Randall</td>
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<td>Sam Bowen</td>
<td>Jo Marshall</td>
<td>Jo Buckingham</td>
<td>Nicole Mowbray</td>
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<td>Megan Collins</td>
<td>Magda Ramsay</td>
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<td>Leone Nancarrow</td>
<td>Katie Boyle</td>
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Belinda Palmer – Canteen Supervisor

Playgroup 31st August

Playgroup will be in the school hall this week, so come along and join us for some fun this Friday 31st August from 9.15am - 11.15am.
Cost is $3 per family with morning tea provided for parents. Please bring a drink and snack for your children. Please contact Kate if you have any questions about playgroup on 0414952491. Look forward to seeing you there.

LOTUS Raffles

Our school community is looking for donations including vouchers and various items to be raffled on the night of the Lotus Art show here at the school's main hall.

The date of this event is Thursday, 20th September. If you are a business owner or know of people and/or businesses that would like to be part of this fundraiser we would like to hear from you. Donations can be left at the School Office or to any of the Grade 5 and 6 teachers. We will happily advertise any business that offers their generosity in the school bulletin and on the night of the Art show. Thank you in advance for your help and donations.

Deb Petersen Coordinator

Organ Donation Awareness

Next Friday 31st August is Jersey Day and the NRL is encouraging all clubs, schools and workplaces to support them in this great initiative. We would love to see staff and students wear their favourite sporting jersey to school/work to show their support for the life-saving gift of organ and tissue donation. No money is exchanged, it is simply to raise awareness and support of such a wonderful and important act that we can all be a part of.
News from the Classroom

Environmental News
Continuing on from our message in last week's newsletter - Everyone has a responsibility to reduce their individual ecological footprint, and there are lots of ways to do so. We encourage everyone to think about their lifestyle decisions and find opportunities to reduce their climate impact.

- Seal off unoccupied areas of the house when heating or cooling - Shut doors to empty rooms for more efficient temperature Control.
- Take shorter showers - Challenge yourself to be finished in less than three minutes.
- Turn off the tap - Don't let the water run while brushing your teeth, shaving or washing veggies.

We will also have another WASTE FREE WEDNESDAY tomorrow. Please ensure you pack a NUDE FOOD lunch box!!

The Environmental Team

ICAS Writing Assessment
Well done to all the students who participated in the ICAS Writing Assessment. Well done to all participants. The following students achieved outstanding results:

High Distinction: Christian P
Distinction: Subanu T, Aidan P. Thomas P, Nate B

Mrs Briggs - Coordinator

Gifted Education
If you are talented in Creative and Performing Arts and in Stage 3, audition applications are now open for the 2019 performance. The closing date for applications is the 28th September, 2018 (last day of Term 3, 2018). Please go to https://aspire.mn.catholic.edu.au/

Deb Petersen – Coordinator

Wellbeing
Kids matter - Well Being Week
In week 6 of each Term, we like to take heed and refocus on our own wellbeing. How many of us take a moment to be aware of our day? Not the daily schedule and the constant busy. I mean, appreciate The Day. If we are all being honest here, we don’t. A challenge for this week is to engage in a “Day of Mindfulness”. The goal of the day is to live in the present. Thinking about and experiencing the current moment without stressing about the past or worrying about the future.

1. When you wake up…
   - **Feel**: how do the sheets feel on your skin, are you hot or cold, do you feel any tension anywhere, how fluffy is your pillow
   - **Smell**: do you smell your morning coffee, the smell of breakfast, essential oils, or maybe nothing at all
   - **Sound**: can you hear the birds chirping, cars running, the air conditioning, the heat, a fan, are the sounds quiet or loud, soft or sharp

2. In the shower…
   - **Feel**: Think about the water on your skin, does it feel hard or soft, is the temperature just right, too hot, too cold, feel the soap on your skin
   - **Smell**: does your shampoo and conditioner fill the air with floral scents, or does it smell sweet, is it refreshing or calming
   - **Sound**: How does the water sound as it hits your skin, how does it sound when it hits the tile or the shower curtain, which sound is most appealing to you? Focus on that one

3. Eating any meals or snacks…
   - **Feel**: the chair under your bottom, the floor under your feet, the surface of the table
   - **Smell**: what is the aroma of the food
   - **Taste**: sweet, sour, salty, herbs, crunchy, smooth, creamy
   - Mandatory: No TV, Phones, Electronics at the table
   - Challenge: chew every bite. Did you know you are supposed to chew each bite of food 30 times, doing this for every bite and every meal might not be practical but one or two mindful bites can really help.

4. When outside…
   - **Feel**: take off your shoes!!!! Feel the earth beneath your feet and **practice grounding**: Feel the sun on your skin, notice the parts of your body where the heat from the sun is more intense.
   - **Smell**: are there flowers around you, has the grass been recently cut, have you ever noticed the smell of a recent summer rain
   - **Sound**: listen to the bugs, the noises of birds, the kids laughter and chatter around you
6. **Before bed…**

- **Turn off your electronics.** Put your phone in a charger in the kitchen next to everyone else’s. I promise, your social life will continue to flourish.
- **Feel**: sense the sheets, appreciate how good your tired body feels to get in bed, stretch your body
- **Smell**: essential oils are a perfect fit here
- **Sound**: listen to the quiet (hopefully). Appreciate that everyone is in their beds (hopefully)
- **Be still**: take a moment to be with yourself, feel your heart beat, listen to your breathing, watch your thoughts, don’t allow any negativity in, just be with you and then fall into a peaceful sleep.

**Julia Briggs - Coordinator**

**PBS**

**Friendship**: This week we introduce the virtue of Friendship. It is closely linked to our recent virtue of Being Welcoming and is also a part of our Term Focus on Care & Compassion. What is ‘friendship’? Friendship is a relationship based on mutual care and concern for each other. Human beings are social creatures and so friendships, particularly those that are positive and healthy, are one of our most basic and important needs. To be a ‘good friend’ to others is our personal challenge, however. Being a good friend means that we accept our friends as they are. We don’t try to control them, change them or manipulate them into being or doing only what we want. We recognise the ways our friends are similar to us and this is often what attracts us to be friends in the beginning. We also need to recognise our differences and the ways in which these can challenge both of us to become better people. We acknowledge our friends’ unique talents and gifts. We encourage our friends to do what is right by leading through example. Choosing friends who are also good for us is an important skill in life.

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**School Spirit Award for demonstrating CARE & COMPASSION through Being Welcoming.**

| KN | Hamish L. & Isaac M. | Griffin C. & Milla G. | Miller C. & Kavana M. |
| 1N | Oliver S. & Miles T. | Tilly C. & Oscar K. | Toby B. & Eden H. |
| 2N | Luka M. & Lukas W. | Callum O. & Xavier R. | Marcus P. & Remy W. |
| 3N | Angus G. & Angus L. | Margaret H. & Harrison R. | Lara B. & Charlotte L. |
| 4N | Benjamin B. & Stella W. | Cooper R. & Isaac W. | Marcus C. & Emily T. |
| 5N | Seth J. & Stella W. | | Zander S. & Katarina S. |
| 6N | Madison L. & Neeve P. | Matilda L. & Thomas S. | Scarlett M. & Ethan Z. |

**Principal Award recipients for this week:**


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**Luke Smith – Coordinator**

**Workshops with Cheryl Roberts**

Dear parents

Just a reminder that the parent information evenings are continuing and will also run next term.

Recently I attended the childhood trauma Conference/workshop in Melbourne with Renown Author, Physician and speaker, Dr Gabor Mate’ (How to create an environment that promotes health and healing with children/families where chaos prevails) and look forward to sharing the information.

The sessions will help you to understand the challenges the child faces in his/her world. How you as a parent can relate to them with respect and understanding and still be the Captain.

Challenges parents face with children and anxiety, Behaviours, meltdowns, opposition, lack of resilience and esteem. How to build a relationship that makes them want to look to you for leadership, instead of peers/society.

How can you be the change in the chaos? You can’t know until you know!!!
August  
Week 6, Tuesday 28th  
9.30 to 11.30  
Father Walsh  

September  
Week 8, Thursday 13th  
6pm to 8pm  
Library  

Please provide your expression of interest for organisation purposes. All parents are welcome to attend. Other interested parents welcome.

Yours sincerely  

Duilio Rufo  
Principal  

Cheryl Roberts  
Pastoral Care Worker  

Sport  

Soccer Gala  
Thank you to the parent volunteers who helped the students at both Gala days. These days require an enormous amount of work to organise and it is appreciated when parents recognise this. We still have students who have not yet paid their $10 fee. Could you do this as soon as possible please. Take the money to the school office with you name so that the office ladies can receipt you for your payment. Thank you to those who have paid.

T20 Cricket Gala Day  
Grade four will take part in a Milo T20 cricket Gala on 7th September. Notes have gone home for this. Please ensure notes are returned promptly to your child’s grade 4 teacher with the $2.50 fee. Parents are required to again help with a team on the day, if you would like to volunteer please let you child’s classroom teacher now. Grade Six Gala cricket day will be held on the 23rd November. More information on this event will be given next term.

Touch Football Gala Day  
Last Friday a large group of students from year 3 to 6 attended the Touch Football Gala Day. The day was a huge success. Students participated in five or six, fifteen-minute games against other schools from our region. The boys and girls couldn’t have done a better job representing our school as they displayed excellent sportsmanship and manners. The children enjoyed cheering on their mates and playing to the best of their ability. Thank you to our parents who assisted on the day by managing teams, cheering or transporting students. Your help is greatly appreciated and we couldn’t have done it without you.

Deb Petersen – Coordinator  

General notices  

OOSH  
Hello to everyone from the YMCA,  
While we did have a great week last week I thought I would share with you what we have coming up for this week.

As well as cereal, toast and raisin toast for breakfast this morning we served up some yummy freshly made pancakes with butter or maple syrup. This week after choosing from colourful fruit platters our scrumptious afternoon tea menu includes, popcorn, baked beans/spaghetti on toast, rice crackers with guacamole, salsa or hummus dip and mash potato with peas, corn and gravy. It’s worth coming to OOSH just for all of the yummy, healthy food we serve!  
Some of the craft we will be making includes some sand art, paddle pop creations, clay creations, making colourful pom poms and paper plane making. Once the paper planes are constructed we will have a plane throwing competition to see which folds work best. Group games will include, colour corners, musical statues, silent ball as well as a treasure hunt challenge and an outdoor obstacle course.
So as you can see there is so much fun to be had YMCA.

To those children and parents who have taken the time to read our Philosophy and provide some feedback, thank you. There will be a $30 gift voucher for Westfield Kotara given to the parent with the best feedback and a $20 gift voucher for the child with the best feedback so please feel free to be involved and provide feedback over the next two weeks.

**IMPORTANT** – Vacation Care booking are now open and days are already filling up fast, especially on our great excursion days. Please pick up a flyer or go online to see our fabulous Vacation Care Program then either book online or via the app. We have our Vacation Care countdown display set up at the service so that we can see how quickly spaces are filled and to give an indication of available places.

**IMPORTANT** – As per policy, a search fee ($10) will be applied to your account if we are required to call you regarding an uninformed absence. Please call or email the service before 3pm if your child is going to be absent from ASC. This message is also visible on the Kiosk when you are signing your child out of Oshc to ensure that this important message has reached all families.

Kind regards,
Christine Morgan,
YMCA NSW – Newcastle Region I St Therese’s Primary School, New Lambton NSW 2305
m 0402 165 617
e oshc.newlambton@ymcansw.org.au w ymcansw.org.au

**School Band**
The school band is playing very well and it is not too late for any new players to join. You can call Allan Ward Music on 40237674 for all the information on the “Try Before You Buy” rental system available at school. Saxophones, Clarinets and Flutes are required. Ask about our special deals. Allan Ward, Allan Ward Music,Ph: 02 4023 7674, Fax: 02 4023 7673

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**Pollet's Open Day Fundraiser**

SAT 1st Sept 2018 9am – 2pm

WE HAVE A GOAL OF $10,000 FOR 'BUY-A-BALE'!

Kids! Try to score a goal against Newcastle Jet’s goalie Glen Moss!

Every sign up on the day we will donate $100! 100% of activities/food on the day go to 'Buy-A-Bale'!

- Jumping Castle
- BBQ
- Raffles
- Live Music
- Sword Demonstration by 9th Dan Karate Master 'Hanshi' Pollet
- Memorabilia Auction
- Face Painting & Much More!

**Music Lessons with Ben!**

Individual Guitar, Keyboard or Piano lessons for your child at just $20 for 30 minutes!

Some spaces are still available for this term. Lessons available on Tuesday or Thursday.

Please enquire with Ben Pettett on 0452 320 342

**Tutoring**

My name is Heidi and I am a university student studying Law at Newcastle University. I have 2 years of experience tutoring children ages 5-16, and I received an ATAR of 90+

I tutor primary aged children and secondary aged children (up to year 10 level) in Maths, English and Science.

I work with children to reach their goals, working at a pace they are comfortable with. I can assist with homework and assignments, and can help kids to fully grasp concepts that they struggle with.

My rate is $40 per hour, and I can travel to your home. Call me on 0400573486 for more information!
Tinkering Time

Our Tinkering Time lessons are certainly delivering some exciting results! Mrs Gleson and Mrs Barker continue to be amazed at the skills and commitment to learning that the students of St Therese’s are demonstrating.

Year 3 have inspired us beyond measure this week.

Using the Edison Robots, the students have developed their skills in coding, estimating and measuring, though perhaps what has impressed us most is the rich collaboration that we have witnessed.

Working in pairs, the students have displayed the vital skills of listening and accepting the ideas of their peers, turn-taking and communicating to overcome obstacles. These skills will be fundamental to the jobs of the future – so we can rest assured that our future is in good hands!
New Lambton FC - Eagles Boys Premier Group Trials

102 years young, the largest and most evolutionary club in NNSW.

With unrivalled Development programs for Boys/Girls and growing Premier Groups for Men and Womens teams,

The Eagles is the club to be a part of!!!!!!!!!!

Competitions

SAP
Net
Inter district A grade (12s)
NEWFM 2019 Northern League 1 (13s – 17s)

AGES BASED ON 2019

9’s SAP/Net – 27th August 2018
10’s SAP/Net – 28th August 2018
11’s Net – 29th August 2018

12’s Net A Grade – 3rd September 2018

Venue: Alder Park – New Lambton
Time: 6.00 pm – 7.30 pm
Bring: Ball and water bottle
Wear: White or predominantly white shirt

Convenor: Jim Foley Head Coach and Technical Director NLFC / New Lambton FC Coaching Staff
Enquiries: President Premier Group – Chris Brain 0414 97 4649
Father’s Day Stall

Thursday 30th August 2018
Gifts ranging from 50c to $5
Cooler bags, pens, mugs and more, a gift for every man
Maximum 1 to 2 gifts per child
Don’t forget to send money with your children on the day. No IOUs will be allowed this year
So please ensure if your child wants to participate they must have money on the day.

Any questions contact Belinda Mortimore - Fundraising Coordinator on 0400 931 650

RSVP by Wed 29th August

Fathers Day Breakfast 31st August 7.30am

Family name ..........................................................................................................

Number of Adults ..............................................................................................

Number of children ...........................................................................................
COME TRY SAILING
“FLYING ANTS”

Who: Juniors – Ages 8 to 17 yrs (Boys & Girls)
Where: Port Hunter Sailing Skiff Club (Stockton)*
When: Saturday 22nd September 2018
Time: 9.30am to 1.00pm
Bring: Boardshorts & towel
Wetsuit & grip shoes (desirable not essential)
Cost: FREE

Summer sport – season October to April (fees apply)
Accredited sailing coach as part of the team
Club boats & life jackets available for use

For info contact Steve (0423 726 801) or Rebecca (0420 856 772) or
See you there on the day

www.porthunter.skifclub.net

*Ferry leaves Queens Wharf at 8.45am to walk around and ride your bike or
drive around by car
Newcastle Hunter Junior Oztag
Term 4 summer competition

SPREAD THE WORD!
The fastest growing sport is back again so gather your friends and get tagged you’ll love it!

Get in early for our offer! If YOU organise a team of 10 players or more, YOU (or the child of the parent organising the side) will receive FREE registration for our term 4 competition!

Start date: Wednesday 10th October
End date: Wednesday 19th December
Times: 3.45pm, 4.20pm, 4.55pm.
Price: $75 registration fee $30 official oztag shorts.
Venue: Smith park Broadmeadow

Divisions
Mixed & Girls and Boys sides are all welcome to join.
8 years, 10 years, 12 years, 14 years, 16 years.
For further information please go to www.newcastleoztag.com.au