Our Vision: “To Bring Christ and His message, in all its richness, into the hearts and lives of all.”

Principal’s Message
Dear Parents, Staff and Students

In Service 10th September

A reminder that the staff In Service day will be held on Monday 10th September. This will be PUPIL FREE DAY and I would direct you to our OOSH if you require child minding on that day.

Parking

I would ask all parents to be considerate of our neighbours when visiting the school. Last week I received a complaint from a lady who, quite rightly, was upset that a father attending our Father’s Day breakfast had parked over her driveway blocking her in. This is not only illegal but also incredibly inconsiderate. Please take care when parking around the school.

Burke Street Pick Up

Parents if you pick your child/children up in Burke Street please ensure you have your name clearly visible on your passenger visor so staff can have your children ready for you to collect. If your child is in the second group to be dismissed (surname L to Z), please time your pick up for 3.25pm. Those students with a surname of A-K can be collected from 3:15pm.

Flu Season

We are entering a second round of flu season and I would implore parents to keep their children home if they are unwell. We are finding it very difficult to engage Casual teachers at this time due to our staff being away unwell and as a result we have had to condense some classes on a few days.

Father’s Day Stall and Breakfast

My thanks to all those involved in celebrating Father’s Day for our St Therese’s community. The parents who volunteered at the stall, the staff who prepared and cooked our barbeque breakfast and all those families who supported these events in other ways were very generous. It was a great atmosphere to have all the dads and grandads at school and a true indication of the unstinting support of families towards the P & F’s efforts to fundraise for school projects.

Gardening Club

I would like to take the opportunity to acknowledge and congratulate Mrs Kylie Lunn on her efforts with our gardening club. This is run every Friday and the children who join her in the garden learn about nature, the environment and plant varieties. This is a very worthwhile experience for the children.

Duilio Rufo – Principal
Assistant Principals Message

Chess Semi-Finals
On Thursday 6 September Liam H, Christian P, Elliott D, William H and Archer A will attend the Sydney Academy of Chess Semi-Finals at Wirreanda Public School, in Medowie. We wish the boys all the best.

Compass Parent Portal
Just a reminder that we will hold a number of parent information sessions on the functionality of "Compass", the student information management system that will go live to parents at the end of Week 8. The parent's sessions are as follows:

- Tuesday 18 September at 9:30am - in the staffroom
- Tuesday 18 September at 1:30 pm - in the library
- Wednesday 19 September at 5:30 pm - in the Father Walsh Hall

All sessions will cover the same information. **Letters will be sent home with your unique login code at the end of Week 8.**

Lost Property
As we have had some warmer weather lately, our lost property baskets have been overflowing. Last week I took home **four** large garbage bags full of clothing with no names. These have been washed and are now in lost property. Parents please label ALL your students belongings and encourage your child to look after their things. At home, get your child/ren to pack and unpack their own bags to learn this vital, but often forgotten skill.

Afternoon Dismissal
Just a reminder that parents who pick up at the Royal St gates are asked to collect their child/ren and move away from the gates as soon as possible. There is very little space at the Royal St gates, and we often have a bottle neck with some parents allowing their children to play in the very limited grassed area near the main hall. It makes it very difficult for teachers to get students safely to parents waiting in their cars on Royal St. On many occasions there is a line of cars that extend beyond the church. A few parents have been offended when staff asked them to collect their children and return to their cars - parents please understand that this is to ensure the safety of ALL our students, and limit the disruption of traffic.

Kaylene Maretich - Assistant Principal

RE News
FIRST COMMUNION
Congratulations to our 15 children who received their First Communion at the Parish mass. They were prayerful and respectful, as were all in the assembled group. Congratulations Evie C, Zoe P, Alexander K, Jasper A, Jack M, Lewis O, Daniel L, River S, Hayley S, Arielle R, Joshua A, Ocea B, Sarah D, Cooper H & Ethan D, thank you Emily and Charlie for looking after the ice blocks!

Next week our final group will make their First Communion, then on September 16th all are invited to attend the 9:15 am Mass, after which there will be a special celebration in the Hall, with a cake to share.

Vickie Pettett - Religious Education Coordinator

School Community Notices
Canteen News
Sushi is available each and every Tuesday but needs to be ordered through Flexischools. We buy our sushi from 'Sushi for You' at New Lambton who make it to order just for us.

Belinda Palmer – Canteen Supervisor

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Playgroup 7th September
Playgroup will be held at Lambton Park this week for the children to have some fun outdoor play! Come along and join us at playgroup this Friday 7th September from 9.15am - 11am. Please bring a drink and snack for your children. Please contact Kate if you have any questions about playgroup on 0414952491. Look forward to seeing you there.

Lotus Art Show Raffle Donations
We are looking for donations to support the Lotus Art Show held in week 9, this term. If you are a business or know of someone who would like to have their business promoted at this important event could you please bring in prizes, vouchers or other gifts for Stage 3 to raffle. Tickets will be sold at the Art Show on Thursday 20th September. Thank you in advance for your kind contribution.

Deb Petersen Coordinator

Over the past few weeks, Year 5 & 6 have been working tirelessly to produce artworks and craft items for the Lotus Foundation. The Lotus Foundation helps educate girls in Laos who are living an unfair life in poverty. Educating one girl in a village can impact everybody because once she finishes her education, she can choose to continue by getting a higher paid job, then going back to the village to educate other girls. Girls in Laos are not seen as important and they often don’t receive an education. Stage 3 are really excited to be involved in work that will actually have an impact on the lives of others within our world.

Stage 3 are hosting a wine and cheese night on the 20th of September for the school community. We are hoping that all of our families will attend to see the hard work we have been putting in. We also invite all members of our school and local community to attend this night and support this worthwhile cause. We hope to see you there on the night throughout the evening.

On the 21st September, Year 5 & 6 are hosting a market stall for all classes to view artworks and purchase items that Stage 3 are selling. There is a gold coin donation entry and we are hoping students will bring extra pocket money to purchase any items on sale. 100% of the donations go directly to the girls in Laos. You can bring along family members, like parents and grandparents, as well as neighbours or family friends. The more people attending on the night, the more awareness we can raise for this great cause.

By Zahra B & Marcus K
Footy Jersey day Supports Organ Donation
Last week our school showed their support for Organ and Tissue Donation by wearing their favourite Football Jersey’s to school. Thank you to all the staff and students who participated.

P & F News
Thank you to all the parents that helped out with the Father’s Day Stall. We couldn’t have done it without your help. We raised $2,068.10.

Many people have asked what we are fundraising for. We are saving this year’s fundraising to spend on the new build/renovations once it is completed. We are currently in discussions about big ticket items such as solar panels, air-conditioning, smart boards and furniture all of which will NOT be covered under the renovation funds. So we hope you will continue to support our fundraising this year and next year so that we can make this happen.
News from the Classroom

Environmental News
With the ongoing drought situation in Australia, it is more important than ever to save water in our homes. Every drop counts! Remember these simple water saving tips:
- take shorter showers.
- turn off the tap when brushing your teeth.
- use a plug in the sink when preparing vegetables, washing fruit or washing dishes by hand.
- use mulch or compost in the garden to increase water absorption and the moisture content of your soil.

Mrs Briggs - Coordinator

Gifted Education
If you are talented in Creative and Performing Arts and in Stage 3, audition applications are now open for the ASPIRE 2019 performance. The closing date for applications is the 28th September, 2018 (last day of Term 3, 2018). Please go to https://aspire.mn.catholic.edu.au/

Deb Petersen – Coordinator

Chess at Lunch
The Grade 5 students have been teaching, helping and playing chess with other students during lunchtimes on a Tuesday. Thank you to Archer L, Samuel L and Aidan P for helping to run this activity in their own lunchtimes. Students can find the chess boards set up on the tables outside Mrs Mortimer's classroom.

Deb Petersen – Coordinator

Gardening Club
Infants had a great time planting outdoors with each other. We managed to get the planting, weeding and mulching done just before the rain started. Thanks to Mother Nature who then watered our beautiful garden! Enjoy a lovely week.

Mrs Lunn

WANTED – DUPLO AND LEGO DONATIONS!!
If there are any families with any Duplo or Lego blocks they are no longer using, please consider donating them to St Therese’s. Over the coming weeks we will be using the blocks to assist us with our STEM lessons and would LOVE to receive any items your children are no longer using at home.

Many thanks, Mrs Gleeson and Mrs Barker.

Library
BOOK CLUB – Issue 6
Closing date for orders from Scholastic Australia – Issue 6 is tomorrow, Wednesday 5th September. Please ensure that your order form has been filled in and placed in an envelope with your child’s name and class on the front. Remember to enclose the CORRECT money or cheque made payable to Scholastic Australia.

OR you may order through ‘LOOP’ which is on-line order and payment, with your purchases delivered to the school. Please note: Late orders for ‘LOOP’ may incur a delivery fee if order is posted to your home.
Library pick-up is always available for discreet orders such as Christmas, birthdays, rewards etc. Clearly mark the order ‘Library pick-up’ and add a contact number. ‘LOOP’ also has an option to tick a box for ‘gift orders’.

REMEMBER: All orders earn valuable resources for our school.

Wellbeing

**Kids Matter - Outdoor Play**

Recent studies have exposed the benefit—even necessity—of spending time outdoors, both for kids and adults. Most of the studies agree that kids who play outside are smarter, happier, more attentive, and less anxious than kids who spend more time indoors. While it’s unclear how exactly the cognitive functioning and mood improvements occur, there are a few things we do know about why nature is good for kids’ minds:

- **It builds confidence.** The way that kids play in nature has a lot less structure than most types of indoor play. There are infinite ways to interact with outdoor environments, from the backyard to the park to the local hiking trail or lake, and letting your child choose how he treats nature means he has the power to control his own actions.

- **It promotes creativity and imagination.** This unstructured style of play also allows kids to interact meaningfully with their surroundings. They can think more freely, design their own activities, and approach the world in inventive ways.

- **It teaches responsibility.** Living things die if mistreated or not taken care of properly, and entrusting a child to take care of the living parts of their environment means they’ll learn what happens when they forget to water a plant, or pull a flower out by its roots.

- **It provides different stimulation.** Nature may seem less stimulating than your son’s violent video game, but in reality, it activates more senses—you can see, hear, smell, and touch outdoor environments.

- **It gets kids moving.** Most ways of interacting with nature involve more exercise than sitting on the couch. Not only is exercise good for kids’ bodies, but it seems to make them more focused, which is especially beneficial for kids with ADHD.

- **It makes them think.** Nature creates a unique sense of wonder for kids that no other environment can provide. The phenomena that occur naturally in backyards and parks everyday make kids ask questions about the earth and the life that it supports.

- **It reduces stress and fatigue.** According to the Attention Restoration Theory, urban environments require what’s called directed attention, which forces us to ignore distractions and exhausts our brains. In natural environments, we practice an effortless type of attention known as soft fascination that creates feelings of pleasure, not fatigue.

So while screen time is the easier, more popular choice, it’s important to set aside time for outdoor play.

*Julia Briggs - Coordinator*

**PBS**

**Virtue – Being Thankful & Giving**

This week we begin our final focus upon Care & Compassion for the term by looking at what it means to be Thankful & Giving. Firstly, when we are Thankful we are aware and grateful for what we have. We can be grateful for many different things in our lives; grateful to have a home to keep us safe and sheltered, grateful for food, clean water, education, our family, friends, for the sun, the rain, nature, our health, a warm cup of tea, someone’s kind words and we can even be grateful for life itself. The more we practice being grateful, for the big things and even the smallest of things in life the more our sense of gratitude grows!

Secondly, Giving is all about what we are prepared to do for others. To follow in the footsteps of Jesus, we should always aim to seek out those in need. We can give of our money and resources to help people who are in financial difficulty. We can give our time and energy to help family and friends. We can offer our friendship to those who may be lonely or isolated.

These two virtues go so beautifully together because, when we are aware of and grateful for our many blessings, it becomes easier to see just how much we have to give and offer to those around us. So let’s practice the art of being Thankful & Giving to one another today!

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**Principal Award recipients for this week:**

Louie B. (KN), Olivia L. (1N), Miles T. (1N), Sage T. (1N), Sophie G. (1W), Oscar K. (1W), Felix M. (1W), Ivy M. (1W), Poppy W. (1W), Eylah W. (1W), Gracie B. (1L), Hope B. (1L), Margaret B. (1L), Ava B. (1L), Liam B. (1L), Hunter C. (1L), Emily F. (1L), Eden H. (1L), Hamish L. (1L), Sophie S. (1L), Jordy T. (1L), Josie W. (1L), Isabella A. (2N), Ayanna F. (2N), Sophie G. (2N), Matilda K. (2N), Nicholas B. (2W), Katie C. (2W), Myles H. (2W), Dominic P. (2W), Grace H. (2L), Patrick B. (3N), Patrick D. (3N), James M. (3N), Max T. (3N), Archie W. (3N), James D. (3L), Zoe L. (3L), Taylah Y. (3L), Samirah A. (4N), Jack P. (4N), Keeley B. (4W), Noah G. (4W), Austin H. (4W), Joshua M. (4W), Hayden M. (4W), Ethan O. (4W), Cooper R. (4W), Elliot S. (4W), Roan I. (4L), Angelina M. (4L), Ava C. (5N), Patrick A. (5L) and Addison T. (5L)
Luke Smith – Coordinator

Workshops with Cheryl Roberts
Dear parents

Just a reminder that the parent information evenings are continuing and will also run next term.

Recently I attended the childhood trauma Conference/workshop in Melbourne with Renown Author, Physician and speaker, Dr Gabor Mate’ (How to create an environment that promotes health and healing with children/families where chaos prevails) and look forward to sharing the information. The sessions will help you to understand the challenges the child faces in his/her world. How you as a parent can relate to them with respect and understanding and still be the Captain.

Challenges parents face with children and anxiety. Behaviours, meltdowns, opposition, lack of resilience and esteem. How to build a relationship that makes them want to look to you for leadership, instead of peers/society. How can you be the change in the chaos? You can’t know until you know!!

September
Week 8, Thursday 13th 6pm to 8pm Library
Week 10, Tuesday 25th 6pm to 8pm Library

Please provide your expression of interest for organisation purposes. All parents are welcome to attend. Other interested parents welcome.

Yours sincerely
Duilio Rufo

Cheryl Roberts
Principal
Pastoral Care Worker

Sport
T20 Cricket Gala Day
Grade four will take part in a Milo T20 cricket Gala on 7th September. Notes have gone home for this. Please ensure notes are returned promptly to your child’s grade 4 teacher with the $2.50 fee. Parents are required to again help with a team on the day, if you would like to volunteer please let you child’s classroom teacher now. Grade Six Gala cricket day will be held on the 23rd November. More information on this event will be given next term.

Deb Petersen – Coordinator

General notices
OOSH
Hello to everyone from the YMCA,
**IMPORTANT** – Vacation Care booking are now open and days are already filling up fast, especially on our great excursion days. Please pick up a flyer or go online to see our fabulous Vacation Care Program then either book online or via the app. We have our Vacation Care countdown display set up at the service so that we can see how quickly spaces are filled and to give an indication of available places.

**IMPORTANT** – As per policy, a search fee ($10) will be applied to your account if we are required to call you regarding an uninformed absence. Please call or email the service before 3pm if your child is going to be absent from ASC. This message is also visible on the Kiosk when you are signing your child out of Oshc to ensure that this important message has reached all families.

Kind regards,
Christine Morgan,
YMCA NSW – Newcastle Region | St Therese’s Primary School, New Lambton NSW 2305
m 0402 165 617
e oshc.newlambton@ymcansw.org.au w ymcansw.org.au

School Band
The school band is playing very well and it is not too late for any new players to join. You can call Allan Ward Music on 40237674 for all the information on the “Try Before You Buy” rental system available at school. Saxophones, Clarinets and Flutes are required. Ask about our special deals. Allan Ward, Allan Ward Music,Ph: 02 4023 7674, Fax: 02 4023 7673

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**Tutoring**
My name is Heidi and I am a university student studying Law at Newcastle University. I have 2 years of experience tutoring children ages 5-16, and I received an ATAR of 90+
I tutor primary aged children and secondary aged children (up to year 10 level) in Maths, English and Science. I work with children to reach their goals, working at a pace they are comfortable with. I can assist with homework and assignments, and can help kids to fully grasp concepts that they struggle with.

My rate is $40 per hour, and I can travel to your home. Call me on 0466573486 for more information!

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**2018-2019 REGISTRATIONS OPEN**

**Junior Blasters**
- Girls and Boys, 5-7 yrs
- Fridays during Term 4
- Starts 19th October
- Townsend Oval
- Merewether
- $100 per player, includes cap
- All equipment provided.

**Master Blasters**
- Girls and Boys, 7-10 yrs
- Mondays at No1 Sportsground Newcastle or Wednesdays at Ford Oval New Lambton during Term 4
- Starts 22nd October
- $125 per player - includes cap
- All equipment provided.

**Sixers Girls Cricket League**
- Girls, U13 and U15
- Fridays during Term 4
- Starts 26th October
- Smith Park Hamilton
- $75 per player - includes cap
- All equipment provided.

Girls and boys, 8-17 yrs, Saturday mornings, starts 13th October.
2019 AUDITIONS

If you are talented in the Creative and Performing Arts go to the ASPIRE website (aspire.mncatholic.edu.au) click on Join us and follow the links to audition for the 2019 ASPIRE Program. Closing date is for the return of these forms to the Catholic School’s Office is Friday 28 September 2018. An alternate date will also be available for those who are unable to audition on their relevant day.

If you have any queries please contact Anne Atkins at the Catholic School’s Office on (02) 4979-1331. Auditions dates are listed below:

**INSTRUMENTAL ENSEMBLE**
STAGE BAND + STRING
Monday 9 November 2018
Newcastle Exhibition and Convention Centre

**DANCE ENSEMBLE**
Monday 5 November 2018
Newcastle Exhibition and Convention Centre

**DRAMA ENSEMBLE**
Tuesday 9 October 2018
Wednesday 10 October 2018
Newcastle Exhibition and Convention Centre

**VOCAL ENSEMBLE**
Thursday 1 November 2018
Newcastle Exhibition and Convention Centre

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St Therese’s OBSTACLE FUN RUN
****Thursday 27th September 2018****
**@ St Therese’s school ground**

Uniform FREE day
- Spare Sponsorship booklets can be collected from the front office. The booklet will have a unique code for your child.
- Create an online Student profile - www.myprofilepage.com.au and share your page and start fundraising.
- Enjoy a Picnic lunch with your children

- We NEED your help please! Email: admin@newlambton.catholic.edu.au with the header “Fun Run Volunteer” with your WCCC number if you are able to help. 20 volunteers needed.

*** The colour run has changed to a fun run due to the large number of children that may have an allergy or other reaction ***
Tinkering Time

Tinkering Talent of the Week:
Lucas Abrahams – 3N

Year 3 have been learning about Captain Cook’s voyage on the Endeavour. This week’s tinkering task required them to find a map of Cook’s journey, then plot the path he travelled using a program called Scratch. The students received only a very brief instruction of how to use the program – instead we encouraged them to explore and experiment to see if they could achieve the lesson outcomes independently. All students worked hard and produced some great work – but Lucas’ efforts were incredible!

After Lucas located and inserted a map of Cook’s journey, he then began to code his ‘sprite’ to closely follow the path taken all those years ago. He extended himself by locating and editing a picture of Captain Cook so that his face was the image travelling along the path. Lucas applied his knowledge of the key events of Cook’s journey and added extra information and animations – thus creating an entertaining and factual Scratch that was just JAM PACKED with impressive technological skill!

Lucas has absolutely relished learning more about this program – and on each of the days since this lesson at school he has gone on to create a different Scratch at home, all showing advanced skill and an admirable dedication to learning. Great work Lucas!

Kindergarten – Books and Bee-Bots

Kindergarten have started the Tinkering Time activities and the room was ‘buzzing’ with excitement!

We read the book ‘The Moose is Loose’ and the students then worked together to code their Bee-Bots to sequence the events of the story. Most of the students had never used the Bee-Bots before, but within a few short minutes, they were confidently navigating left to right, backward and forward to put pictures from the story back in order. With such a great start to their coding journey – exciting things lay in store for our lovely Kindys!
Motiv8sports Newcastle is coming to you...

Motiv8sports Newcastle is providing an after school sports clinic aimed exclusively at children attending St Therese’s Catholic Primary School. Motiv8sports Newcastle will provide an environment all about fun, friends, fitness, participation and teamwork. The Multi Sports Clinic is an 8-week event that will commence weekly at 3:25pm on Monday 22nd of October and conclude on Monday 10th of December.


The program will operate every Monday commencing Week 2 Term 4. Each child will receive a Motiv8sports Jersey for FREE as part of their Motiv8sports registration. Children who attend will be experiencing sports at its best participating in a variety of team sports over the 8 weeks.

8 week sports clinic cost: $90 (Includes $25 Jersey)
8 week sports clinic session time: 3:25pm - 4:45pm

Our professional staff will sign in at the school office 30 minutes prior to school concluding to set up and meet the children that are enrolled in the event. This event will go ahead rain, hail or shine for the 8 consecutive weeks on Monday of each week. In the event of rain children will be supervised in an undercover area participating in fun modified activities. At 4:45pm the Multi Sports Clinic concludes. Parents are to collect their children from the designated area supervised by our staff members.

The set dates the program will operate are as follows:

Monday 22nd October 2018
Monday 29th October 2018
Monday 5th November 2018
Monday 12th November 2018
Monday 19th November 2018
Monday 26th November 2018
Monday 3rd December 2018
Monday 10th December 2018