Our Vision: “To Bring Christ and His message, in all its richness, into the hearts and lives of all.”

Principal’s Message

Dear Parents, Staff and Students

This week we are again hosting the University of Newcastle STEM programme. STEM stands for Science, Technology, Engineering and Mathematics. This area of learning is getting a great deal of air play from both the Universities and local educators. We need to always remember that there is more to the world than the pure sciences and that creativity shows itself in many and varied forms. Yesterday we have a great opportunity to work on our own personal wellbeing. Staff reported to me that they enjoyed the opportunity to look at themselves and reflect upon what is important.

Last Friday we have the Father’s Day breakfast which was again an outstanding success with the barbeque running hot to the tune of 450 delicious bacon and egg burgers. My thanks to all those who helped on the day and also to Belinda Mortimore and her team for organising and manning a successful Father’s Day stall the previous day.

Today 45 of our girls are competing in a Netball Gala at Newcastle Netball Courts. Thank you to all those parents and teachers who have supported this event.

We have a small team heading off to Polding Athletics on Friday and we wish them every success in their events.

Duilio Rufo
Principal

Assistant Principal’s Message

As I mentioned a few weeks ago, this week (4-10 September) is National Literacy and Numeracy Week. Visit www.literacyandnumeracy.gov.au for some great ideas on how you can work on literacy, numeracy and digital literacy together at home with your children.

Good luck to Sullivan O’Sheades, Liam Hughes, Christian Prince, Gerald Yap and Archer Lambourne who will represent St Therese’s in the Semi-final of the Inter school Chess Challenge on September 11 at Green Point Christian College.

I will be on Long Service Leave for the next 2 weeks, travelling to Italy, Jordan and Israel. I wish you and your children a restful Spring break – hopefully you have the opportunity to enjoy some warmer weather together.

Sallyanne Stanbridge – Assistant Principal
**RE News**

Pope Francis @ pontifex

“The Gospel invites us to answer first and foremost to God, who loves us and saves us, recognising Him in our neighbour.”

Each Tuesday our Year 6 leaders share the Sunday gospel with the gathered community, reading the gospel, then sharing what the message is. This week we are asked to “take up our cross and bear it” as Jesus did. This means accepting sad times and difficulties and trusting that Jesus will always be with us.

We thank our Year 6 students for their continuing commitment each week.

**Sacramental Work**

Please return forms for reconciliation so we know how many books to order and so we can prepare for the program.

**Fathers’ Day breakfast**

Thank you to all who attended our breakfast and we hope all dads and grandads had a lovely day. Here is a belated blessing:

“We ask your blessing on all those to whom you have entrusted fatherhood. May your Holy Spirit constantly inspire them with justice and mercy, wisdom and strength, fidelity and self-giving love. May they receive your Grace abundantly in this earthly life, and may they look forward to eternal joy in your presence in the life to come.”

*Vickie Pettett - Religious Education Coordinator*

**School Community Notices**

**Working With Children Check**

If any parent/carer/grandparent would like to volunteer at the school or any school activities it is a requirement of the State Government and the Catholic Schools Office that you provide the school with a current WWCC number which is issued through Services NSW (previously known as RTA) which can be applied for online. When you have this number you must present at the school office with 100 points of ID to complete the paperwork. See links below for further information: [www.kidsguardian.nsw.gov.au/check](http://www.kidsguardian.nsw.gov.au/check)

Step 1; complete online application
Step 2; go to Services NSW (formerly known as RTA)
Step 3; bring WWCC email to school with 100 points ID

**Skoolbag App**

Parents are advised that the skoolbag app can be used to notify the school of your student’s absence.

Also we are uploading notes to the skoolbag app – look for them under “School Notes”.

**School Fees**

Term 3 fees are now due and payable. Your statement was either emailed or sent home with your child. Our system defaults to the primary fee payers’ email. If you would like to alter this email, please contact the office. You will notice that you may have been billed for the Infants Excursion, Dance classes and this year’s Swimming Carnival. The decision to bill parents in this way benefits both parents not needing to find these amounts close to the end of the school year and to also streamline office accounting and reconciliation at a very busy time. As this system proves efficient you will find more items will be billed in this way. If your child will not be attending an excursion please notify the office in advance to allow your account to be credited.

*Vicki McSpadden - Bursar*

**Playgroup – 8th September**

This Friday playgroup will be held at Lambton Park instead of the school hall. Come and join us at the park for the children to play in the sunshine on Friday 8th September from 9.15am - 11am.

Please bring a drink and snack for your children.

Please contact Kate if you have any questions about playgroup on 0414952491.

Look forward to seeing you there.

**Father’s Day Stall**

I would like to thank the parents who volunteered their time on the Father’s Day stall and a big thank you to Angela Leung and Donna Douglass for their time in helping me prepare for the stall. The stall was a big success, so far we have raised over $2,000 and more money to come, this will go towards resources for the school. For those who received a blue slip and have not paid yet, could you please pay ASAP by Friday 8th September.

*Belinda Mortimore - P & F Fundraising Coordinator*
Canteen News
Pizza Combo Day is Thursday 14 September. For $5 you get a freshly baked piece of pizza, a juice & a Freddo Frog. Orders via on Flexischools only and must be placed by Tuesday 12 September.

Breakfast this week at the canteen includes Milo Wheatbix for $1. Your choice of hot chocolate on your Wheatbix or cold milk with a sprinkle of Milo. Toast and hot chocolate are also available.

<table>
<thead>
<tr>
<th>Wednesday 6/9</th>
<th>Thursday 7/9</th>
<th>Friday 8/9</th>
<th>Monday 11/9</th>
<th>Tuesday 12/9</th>
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Library News
We are having our dress-up day and parade when we hold our Book Fair on Wednesday 18 October …but the literature fun continues this week!
Until Book Fair the school Library will be promoting literature by explaining and highlighting genres.
This week’s genre is:

**Fairy Tale**

What is a Fairy Tale?
A fairy tale is a type of folklore. Fairytales often tell a story of good vs. evil that involve magic and royal characters.

Characteristics of Fairy Tales
- Begins with “Once upon a time…” and ends with “They lived happily ever after…”
- Takes place in far away places.
- Characters are often kings and queens.
- Has both good and evil characters.

Thank you to the students that created a Wayne the Wombat image for me. The winner of the $15 Book Voucher for the Book Fair is Jorja Gibson KM.

Enjoy reading

_Lynette Barker (Teacher Librarian)_

BOOK CLUB – Issue 6
Closing date for orders from Scholastic Australia – Issue 3 is tomorrow, Wednesday 7th September. Please ensure that your order form has been filled in and placed in an envelope with your child’s name and class on the front. Remember to enclose the CORRECT money or cheque made payable to Scholastic Australia.
OR you may order through ‘LOOP’ which is on-line order and payment, with your purchases delivered to the school. Please note: Late orders for ‘LOOP’ may incur a delivery fee if order is posted to your home. Library pick-up is always available for discreet orders such as Christmas, birthdays, rewards etc. Clearly mark the order ‘Library pick-up’ and add a contact number. ‘LOOP’ also has an option to tick a box for ‘gift orders’.

REMEMBER: All orders earn valuable resources for our school.

Sport
Swimming Carnival
Our annual swimming carnival is set down for Monday 4 December at The Forum, University of Newcastle. Children who turn 8 years of age in 2018 from Year 1 are eligible to compete, therefore students from Years 1 – 5 will participate. To clarify only students in Year 1 who turn 8 in 2018 can participate (if they are a competent swimmer). Costs for the swimming carnival have already been included for Years 2-5 on your school fees. Those students from Year 1 who are eligible will need to pay individually at the Office ($12.00).

_Deb Petersen – Stage 3 Coordinator_
Curriculum

PBS
For the next 2 weeks we will be focusing on demonstrating CARE & COMPASSION by being "thankful and giving". In our increasing fast and disposable society we often want the newest toy or device on the market. Advertising further impacts on our desire to want the latest version on the market. However we need to stop and think about whether we really need to always have the newest, shiniest toy and whether this is what truly makes us happy and fulfilled. Every day in the news we see others that have so much less that we have; those with lives that are threatened by war, violence and uncertainty and the homeless and displaced. Here in Australia we are so blessed to live a life largely free of war and destruction. For this we need to be thankful each and every day!

We can help those in our community, nationally and around the world by giving generously rather than always wanting more for ourselves. Individuals can make a big difference by giving freely, which in turn helps us to feel good about ourselves while assisting those in need. The message to be thankful and giving is a recurrent thread in the Bible “Give thanks to the Lord for he is good, his love endures forever.” Psalms 118:29 and “Give to everyone who asks of you, and whoever takes away what is yours, do not demand it back.” Luke 6:30.

Congratulations to the students who received the School Spirit Award at their grade/stage assembly last week for demonstrating CARE & COMPASSION by “being a good friend”.

<table>
<thead>
<tr>
<th>School Spirit Award for demonstrating CARE &amp; COMPASSION by being a good friend</th>
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<tbody>
<tr>
<td>Margaret B &amp; Felix M (KB)</td>
</tr>
<tr>
<td>Olivia A &amp; Dante S (1C)</td>
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<tr>
<td>Jack C &amp; Jack L (2A)</td>
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<tr>
<td>Lucy D &amp; Emelia R (3K)</td>
</tr>
<tr>
<td>Emily M &amp; Eli P (4C)</td>
</tr>
<tr>
<td>Imogen R &amp; William S (5B)</td>
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Kaylene Marettich - Primary Coordinator

Wellbeing

Kids Matter – Everybody’s life has ups and downs
Children need to build resilience skills to be able to both enjoy good times and deal with hard times. Feeling good protects mental health and wellbeing. Did you know that experiencing positive emotions such as joy, pleasure and having fun are essential experiences for building and maintaining a healthy mind across our whole lives? Skills and qualities that help children cope with life’s ups and downs are:

- **Trust** - that the world is safe and that there are caring people to help them.
- **Belief** - in their ability to do things for themselves and achieve their goals.
- **Feeling good** - about themselves and feeling valued for who they are by their parents and carers.
- **Optimism** - that things generally turn out well.
- **Regulation** - Ability to manage their feelings, thoughts and behaviours.

Children develop these skills and qualities and learn to keep a balance over time, initially through their experiences in coping with small stresses with help from supportive adults. When bigger stresses come along, even though at first they might feel quite distressed, children can draw on what they have learned about helping themselves to cope and feel better. Looking to others for support continues to be an effective way of coping.

Resilience is the ability to cope with life’s ups and downs. Children’s resilience is enhanced when they:

- are loved by someone unconditionally
- have an older person outside the home they can talk to about problems and feelings
- are praised for doing things on their own and striving to achieve
- can count on their family being there when needed
- know someone they want to be like
- believe things will turn out all right
- have a sense of a power greater than themselves
- are willing to try new things
- feel that what they do makes a difference in how things turn out
- like themselves
- can focus on a task and stay with it
• have a sense of humour
• make goals and plans, both short and longer term.

Feeling optimistic and hopeful are key parts of mental health and wellbeing. Model these attributes for your children to help develop their resilience.

Julia Briggs ~ Primary Coordinator

News from the Classroom
Year 3 excursion to Newcastle Museum and Fort Scratchley is planned for Wednesday 11 October. Approximate cost is $20 each.

Year 3 teachers

GENERAL NOTICES
Save the date - Saturday 18th November 2017
Dress as a gangster or a silent film star. Come as a flapper or come as you are. Roaring 20s cocktail theme night at Souths Leagues Club for the P & F Major Fundraising Event of the Year.

If you have a business or are in a position to donate any prizes or provide sponsorship for the night, please let me know.

Looking for volunteers to assist with various tasks in organising the theme night by handing out flyer to business in the local area who provide prizes, to parents at home who can call businesses and obtain quotes, to helping on the theme night. All volunteer roles are easy and won’t take up much time if we all band together, as they say many hands makes light work, let’s all pitch in and make the night a huge success.

Belinda Mortimore - Fundraising Coordinator (0400 931 650)

OOSH
Dear Parents/Carers,
It was another great week here at the Y. With a seasonal shift in the air, our children were eager to head outdoors and play with their peers. Imaginative play was particularly popular, with a great mix of children playing everything from superheroes to wolf packs. The children turned the hedges into a wolf den, with tree stumps for seats and leaves for warmth – absolutely perfect for laying low! Children continued to dash and dart on our new Razor scooters, the paths serving as a perfect scooter trail for all those keen to have a go. The field was home to its usual team sports: football and soccer, the teams cheering one another on as they banded together to score.

Indoors, it was a Father’s Day craft bonanza! The children were particularly excited to create a number of gifts for that special person in their life, be it their father, grandfather or carer. The children created ‘My Dad Rocks’ stone craft, special suit ties, Father’s Day themed drywall paintings, and of course, many different cards to celebrate the special occasion. The new mini trampoline was an exercise in both jumping skill and sharing. With so many eager to have a go, the children took it upon themselves to utilise our sand timer to ensure fairness across participants. This was a great demonstration of cooperation and empathy. Other indoor activities provided included new board games such as Sequence and Mastermind, Lego, stencils and Marble Run.

Places are filling quickly for the upcoming school holidays. Bookings can be made online at https://www.ymcansw.org.au/centres/ymca-new-lambton-oshc/vacation-care/
Follow the link and enroll now so that you don’t miss out!

REMINDERS: Please ensure all after school absences are being notified prior to 3pm. This assists greatly with our transition from school to OSHC.

Auskick: Please ensure children are reminded to attend roll call prior to Auskick. Children will be marked off and then escorted to the back playground.

Thank you.

Kind regards,

Stephanie

YMCA NSW – Newcastle Region I St Therese Primary School,
New Lambton NSW 2305
m 0402165617
e oshc.newlambton@ymcansw.org.au w ymcansw.org.au
You are cordially invited to a community gathering.

The Catholic Diocese of Maitland-Newcastle has a well-known and shameful criminal history of child sexual abuse amongst both clergy and other church personnel.

This community gathering will acknowledge the devastation caused to victims of sexual abuse, their families, friends and our whole community through both the abuse and the Church's cover-ups.

Lina, a victim of child sexual abuse at the hands of a member of clergy in the Catholic Diocese of Maitland-Newcastle, has conceived this project of atonement. Lina's hope is that this event will provide some healing for the whole community.

Friday 15 September 2017
Newcastle Civic Hall, Concert Hall | 5:30pm – 7:30pm
For catering purposes, please RSVP anonymously via linasproject.com.au or 02 4979 1188
For further details, please email: info@linasproject.com.au

Register your interest
Feeling a bit like a duck on a pond... Calm on the surface but frantically paddling below?

The Federation of P&F Associations is holding a

“PARENTS RETREAT DAY”

What is it a retreat?
It is a day to stop and to take time for YOU. To be REFRESHED, STRENGTHENED and go home renewed for the important job you are doing as parents. “A SPA DAY for the mind...”

- PARENTS RETREAT DAY (Kindfulness, relaxation, information, beautiful lunch and more)
- SAT 9th or SUNDAY 10th October
- MONTE PICO CNR NEW ENGLAND HIGHWAY AND DIGNLER ST
- FREE TO PARENTS OF STUDENTS IN MAITLAND-NEWCASTLE CATHOLIC SCHOOLS

TAKE JUST ONE DAY for yourself as a parent!

Music Lessons with Ben

Individual Guitar, Keyboard or Piano lessons for your child at just $20 for 30 minutes!

Now taking enrolments for Term 3 with lessons available on Tuesday, Wednesday or Friday. Lessons are available before or after school if required.

Please enquire with Ben on 0408504882
<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
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<tbody>
<tr>
<td>25 September</td>
<td>26 September</td>
<td>27 September</td>
<td>28 September</td>
<td>29 September</td>
</tr>
<tr>
<td>Mundi Kids to camp</td>
<td>Skills across the ice.</td>
<td>Step back in time</td>
<td>Paint, play, learn, challenge!</td>
<td>Come ready to take on our Y cutbook course.</td>
</tr>
<tr>
<td>1 October</td>
<td>2 October</td>
<td>3 October</td>
<td>4 October</td>
<td>5 October</td>
</tr>
<tr>
<td>$46 Public Holiday</td>
<td>$46 Excursion - Known Train</td>
<td>$46 Incursion - Bubble, Ball, Buttocks</td>
<td>$46 Excursion - Mystery in Spares Park</td>
<td>$46 Incursion - My Fat Dinosaur</td>
</tr>
<tr>
<td>No Vacation Care</td>
<td>Restaurant, delicious food and fun</td>
<td>Take on your friends. Mission Impossible, turn a ton into your</td>
<td>Enjoy a route through a famous credit masterpiece</td>
<td>Food fun with dash and dino</td>
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<td>6 October</td>
<td>7 October</td>
<td>8 October</td>
<td>9 October</td>
<td>10 October</td>
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<td>$46 Incursion - Dances through</td>
<td>$46 Excursion - Negative Spares</td>
<td>$46 Incursion - Mystery in Spares</td>
<td>$46 Incursion - Dances through</td>
<td>$46 Incursion - Mystery in Spares</td>
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<tr>
<td>Make a home garden.</td>
<td>Take on your friends.</td>
<td>Enjoy a route through a famous credit masterpiece.</td>
<td>Make a home garden.</td>
<td>Make a home garden.</td>
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*when you book 3 days in a week

BOOK TODAY! oshc.ymca.nsw.org.au

YMCA OSHC New Lambton
St Theresa's Primary School, Burke Street, New Lambton
0422 165 617
osch.newlambton@ymca.nsw.org.au

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50% OFF on Fridays!
Father’s Day Breakfast 2017