



## Principals Message

Dear Parents and Carers

I thank you for your support and understanding during these difficult times as we all adjust to a new order. Covid 19 is an extremely serious virus but if we all pull together and follow the Federal Governments Health advice of social distancing and good hygiene we stand a better chance of coming out of this healthy and wiser.

Over the past few weeks and into next week staff here at St Therese's are working to ensuring a quality online learning experience for our children. I want to thank the staff for their amazing dedication and hard work and flexibility in taking on a new learning curve. Also a big thankyou to our support staff, including our LSA, clerical staff and our Canteen Supervisor – we are truly blessed to be surrounded by such committed people.

I would like to express my personal gratitude to the school leadership team, led by Kaylene Maretich, for their professional and caring view of how to support our children and staff.

## Parents

If you are experiencing difficulty with the online work you can get hard copies of work for your children but I ask that you ring-in to arrange this and allow time for it to be compiled. I also remind parents that there is a 48 hour turnaround for replies to emails and phone requests. Obviously some teachers will be quicker than this due to circumstances.

## School Hours

The school will run to normal hours 9.15-3.15 with the Admin office opening from 8am – 3.30pm. Teachers have been placed on teams and are rotating their days. When not at school teachers are working from home developing more online resources, zooming etc. I ask parents not to presume to drop into the school unannounced to talk to a teacher or the office staff, please phone or email your enquiry wherever possible.

## NAPLAN

**2020 NAPLAN testing has been cancelled. Yr 3 and 5 will not complete the NAPALN testing this year.**

**Duilio Rufo,**  
*Principal*

*To bring Christ and His message, in all its richness, into the hearts and lives of all.*

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## Dates to Remember

**9 APR HOLY THURSDAY**  
**LAST DAY OF TERM 1**

**27<sup>TH</sup> APR FIRST DAY OF TERM 2**



## Assistant Principal's Message

### Online Learning

The transition to online learning has been very swift and the vast majority of students can access all their learning tasks. There have been a few "glitches" that we are addressing as they arise and I thank all of you for your patience. Last Friday, I sent out a Compass push with attached guides for learning tasks set up through Compass and MS-Teams as well as protocols for Zoom. Please read these before you contact the office for help.

Again, I thank the staff who have worked extremely hard to get all of these tasks ready in a short period of time. Students that attend school each day, complete the same tasks at school as those working from home.

### Mrs Maretich's Storytime

Reading for me, and many others, is one of life's pleasures. I love to get lost in a good book and often spend a rainy afternoon with a cup of tea and a book. To keep children working from home connected to the school, as well as engaging them again in reading, each day I will host a "StoryTime" at 1:30 pm for the grades below, the **Zoom ID for this is 355-233-6840**. As there is a maximum of 100 people who can Zoom at any time:

- Tuesday 31/3 – Year 1
- Wednesday 01/04 – Year 2
- Thursday 02/04 – Year 3
- Friday – 03/04 – Year 4
- Monday – 06/04 – Kindergarten

For children in Years 5 & 6, I will be reading **Artemis Fowl, by Eoin Colfer**, a chapter book. I will do this at 2:00pm and the **Zoom ID is 739-486-402**.

### Communication with Teachers

Until the end of the Term, the staff are working on a rotational basis. Any queries around work set etc. can be sent to school email [admin@newlambton.catholic.edu.au](mailto:admin@newlambton.catholic.edu.au) and it will be forwarded to the teacher working on the grade on that particular day. If you would like to contact your child's teacher about an issue regarding only your child, again send this through to the school admin email and it will be forwarded to the specific teacher. Emails will be answered within 48 hours.

**Kaylene Maretich**

***Assistant Principal/Acting Principal***

## This Week in Profile

Greetings to the families at St Therese's.

My name is Trish Aumuller and I am the Year 4L teacher for Wednesday, Thursday, Friday, job-sharing with Alexandra Wilson for 2020. This is my first teaching appointment at St Therese's. Allow me to tell you a little bit about myself.

Almost 2 years ago now, my husband and I embarked on a new chapter in our lives by moving to Newcastle from Orange in Central Western NSW. We came here in search of warmer weather, rainfall, coastal living and being closer to family. We are happy to report, we have not been disappointed.

I have been a teacher in Catholic Schools for over 25 years with Maitland/Newcastle being my fourth diocese; St Mary's Bingara, St Mary's Toukley, St Brendan's Lake Munmorah, St Mary's Manly, St Joseph's Orange, Catherine McAuley Orange, St Joseph's Merewether and St Patrick's Swansea. Early on in my career I also taught in Dept of Ed Schools in Armidale before travelling overseas and taking on supply teaching in London.

My driving emphasis in teaching is to encourage students to have-a-go, be creative and use their imagination. Creative and Critical Thinking Skills are just so important in today's world and must flow through in every aspect of their learning. I love the "Ah-ha!" moments, when the penny drops on a concept or skill for the first time. Seeing a student's face light up with understanding is like watching a rose bud open up before your eyes: simply breathtaking.



I have four beautiful adult children and one precious granddaughter. I feel blessed that three of my children and their partners live nearby me here in Newcastle.

Aside from teaching and my family, my greatest passion is Musical Theatre. I have been performing on stage in amateur theatre from an early age and have performed in over 50 major musical theatre productions, mostly in lead roles. My favourites include Judy Garland, Dolly Levi, Grizabella, Maria Von Trapp, Anna (King and I) Miss Hannigan to name a few. I have had the good fortune to have already performed with two amazing Newcastle companies in their ensembles since moving here.

I have been heavily involved with Music Ministry all my life in the various parishes I have worshipped in. I was delighted to join the guitar troupe on the 3<sup>rd</sup> and 4<sup>th</sup> Sundays at St Therese's New Lambton since residing in this Parish and hope to continue sharing my gift of singing and love of contemporary worship music when our Churches reassemble after this trying time of isolation from COVID-19. Hope to see you there.

God's richest blessings to you all.



## Environmental news



To bring Christ and His message, in all its richness, into the hearts and lives of all.



## Sport

### Health and Fitness

Physical activity promotes a healthy body, lifestyle and mind, all of which are important. There are many resources floating around now and our wonderful teachers are passing on some great resources to our school community. Below are some good physical activities for your child to use at home that you may like to check out. Keep active.

[Blue Earth Active Play](#): Simple activities to do at home with Kinder kids or younger kids

[Cosmic Kids Yoga \(YouTube\)](#): Yoga, mindfulness and relaxation designed especially for younger students. Includes 12 minutes workouts based around a story told by an animated presenter. Lots of bright colours, words and situations that younger students can identify with.

[Healthy Kids NSW](#): Simple activities to do at home with preschool /kinder kids and tips for using household objects as equipment

[Go noodle](#): Free sign up to access activities and dances. Many kids will already use Go Noodle in their classroom! Very popular.

**Deb Petersen**  
**Primary Coordinator**

## ST NICHOLAS OOSH

Hello from St Nicholas OOSH New Lambton,  
**IMPORTANT NEWS** – Following the health advice from the Federal Government concerning the outbreak of COVID-19 In Australia, we will be temporarily operating from the large school hall to best put in place social distancing. We request that all drop offs and collections be made from the Royal Street entrance. Our parent desk for sign in/out will be placed outside of the school hall. To ensure the safety of children and staff we ask that parents/guardians do not enter the hall for collection. There will be a staff member available to assist with this process.

The staff at St Nicholas OOSH are doing their best to implement a number of safety measures, including increased cleaning, social distancing, staff preparing breakfast and serving afternoon tea for children (rather than children serving themselves). Despite these difficult times the service will be doing their very best to keep children engaged in a number of programmed activities.

We understand if you choose to not have your child/children attend their permanently booked days. Please advise in writing if your child/children will be absent from OOSH.

Kind Regards,

**CHRISTINE MORGAN**

NOMINATED SUPERVISOR - OOSH | ST NICHOLAS OOSH











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**Visit us online** [www.stnicholasoosh.org.au](http://www.stnicholasoosh.org.au)



Coronavirus  
(COVID-19)

## COVID-19: IDENTIFYING THE SYMPTOMS

SYMPTOMS	COVID-19	COLD	FLU
	Symptoms range from mild to severe	Gradual onset of symptoms	Abrupt onset of symptoms
<b>Fever</b> 	Common	Rare	Common
<b>Cough</b> 	Common	Common	Common
<b>Sore Throat</b> 	Sometimes	Common	Common
<b>Shortness of Breath</b> 	Sometimes	No	No
<b>Fatigue</b> 	Sometimes	Sometimes	Common
<b>Aches &amp; Pains</b> 	Sometimes	No	Common
<b>Headaches</b> 	Sometimes	Common	Common
<b>Runny or Stuffy Nose</b> 	Sometimes	Common	Sometimes
<b>Diarrhea</b> 	Rare	No	Sometimes, especially for children
<b>Sneezing</b> 	No	Common	No

Adapted from material produced by WHO, Centers for Disease Control and Prevention.



**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.**

For more information about **Coronavirus (COVID-19)** visit [health.gov.au](http://health.gov.au)



Australian Government

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