st therese's **Newsletter**

Think, Grow, Shine.

5th May 2020 | TERM 2• WEEK 2



Acting Principals Message

Dear Students, Parents & Carers,

Thank you

Thank you so very much for all your thoughts, prayers and kind words. My father-in-law Jack was such a wonderful man, and the whole family are so grateful to have had him in our lives. He will live in in the wonderful memories we all have of him.

Transition to School

On Monday 11 May, St Therese's will start a transition to school. Whole grades will return together to facilitate face-to-face teaching in Religion, English and Mathematics as follows:

- Monday and Tuesday Kindergarten, Year 1 and Year 2
- Wednesday and Thursday Years 3, 4, 5 & 6

On the other days, children will continue to work from home. Teachers will continue to send home learning tasks that allow children to practice the skills and content they have learned while at school on face-to-face teaching days. Additionally, teachers will set tasks in the other key learning areas of History & Geography, Science, Creative Arts & Personal Development, Health & Physical Education. These tasks will be project-based including experiments, research, cooking, gardening etc.

The decision to return whole grades together was to:

- Ensure quality and consistent teaching of all children
- Allow children to collaborate with their peers, to apply their knowledge and skills
- To promote children's mental health and wellbeing, as they will be able to interact with their friends

I am aware that some school systems are using a different transition to school procedure based on colour houses or alphabetically. This reduces the consistency of teaching across the week and also reduces social interaction, as you child may not attend school on days with their close friends.

St Therese's will continue to provide supervision of children of essential workers and those who cannot be supported with learning from home So, if your child attends school on days outside their face-to-face teaching days, they will be supervised by a minimal staff to complete tasks from the home learning grid.

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Dates to Remember

11TH/12TH MAY COMPULSORY DAYS FOR INFANTS

13TH/14TH MAY COMPULSORY DAYS FOR PRIMARY

16 ^{тн} МАҮ	ONLY CHILDREN OF
	ESSENTIAL WORKERS
	AND THOSE UNABLE
	TO ACCESS HOME
	LEARNING



To bring Christ and His message, in all its richness, into the hearts and lives of all.

Burke Street, New Lambton NSW 2305 | PO Box 321 | Phone 4957 4922 or 4956 2156 | Fax 4952 1637 admin@newlambton.catholic.edu.au | www.newlambton.catholic.edu.au Yesterday a notification was sent out via Compass outlining the process for transition to school. Please read this document, so that you and your child/ren are ready for Week 3 onwards.

Morning Drop Off & Afternoon Pick-up

Parents are reminded that only children and staff are to be onsite. All parents and carers are asked to drop off at the Burke Street gates in the morning, all afternoon dismissal points will be open. <u>This will</u> continue when transition to school starts.

Donations for the Women's Refuge

COVID-19 has had an impact in all areas of society and our lives. Unfortunately, there has been an increase in domestic violence, resulting in an increased number of women and children seeking refuge. We ask that families send in personal care items that will be packaged to send to those who need it. We ask for donations such as:

- Toiletries soap, deodorant, tissues, toothbrushes, shampoo and conditioner
- Grooming needs hairbrush, hair clips, nail care
- Sanitary

Please send this into school with your child when they return.

Kaylene Maretich Acting Principal

Acting Assistant Principal's Message

Simple Things teach Valuable Lessons.

Continuing to build on the strong and loving relationships with your child/ren over the past months, is one of many positive comments coming from our families. Parents play an integral role in the education of their children. Much of what children learn takes place through everyday experiences at home. Children's literacy and numeracy development can be improved when parents encourage learning through everyday activities. Modelling literacy and numeracy behaviours helps children recognise the value of these skills. I love hearing about the many adventures families are going on while your children are learning at home, from counting and chasing butterflies, to camping in the backyard. Please don't underestimate how powerful lessons come from such simple family fun. In the near future as we start the transition back to school I am sure the students will have many great stories to tell us and wonderful memories of their time during distance learning.

Be a Mate on May 8!

With students and staff working at home and at school we thought a day where our whole community could work together with a single focus regardless of our location would be fun. I stumbled across the "Do it For Dolly Day" and wanted to share it with you all. The day is about bringing the community together to celebrate kindness and unite in taking a stand against bullying. Bullying in all forms, verbal, physical and/or cyber is not acceptable. Year 5 students are working on a unit of work in Religion at the moment about the Dignity of Humans and how all people should be valued and treated with respect. On the 8th May we are asking for all staff, students and families to wear BLUE (Dolly's favourite colour) and do one kind thing for someone else. This could be a kind comment, a friendly email, a smile or a positive comment. The aim is to feel connected as a community by all doing the same thing no matter where we are. If you would like to participate, feel free to send in a photo of yourself or your family dressed in blue and spreading kindness, love and positivity in the world.

Colder Weather

As the weather starts to cool down please dress your child accordingly. I have washed all lost property and placed items without names in the school clothing pool. Please ensure your child's jackets and hats are labelled clearly so that if an item is misplaced, it can be returned quickly to its owner.

The change over to our school winter uniform is progressive over the next 3/4 weeks depending on the weather. The 1st June is when full school winter uniform needs to be worn by students. In terms of the change in design of our school uniforms there has always been the expectation that the change over will occur over a couple of years, to help our families. We did send a survey to all parents last year regarding ties for girls and boys with the winter uniform and the majority of parents voted to keep the ties. Ties are therefore expected to be worn with both the girls and boy winter school uniform.

Deb Petersen Acting Assistant Principal



RE News

<u>Gospel Message</u> – In this weeks' Gospel, Jesus uses a parable involving the metaphor of the shepherd, the sheepfold and the gate. When the people still do not understand He speaks again, more explicitly. What is the message here for you and I? The Gospel life is not an easy life. There are many competing ideologies and world-views, all vying for our attention with many of them seemingly very inviting. What Jesus is teaching the people here, and indeed promising, is that only the life He offers, will give true fullness of life. Let us listen carefully, therefore, in the depths of our own hearts to the voice of the Good Shepherd and the fullness of life to which we are each called. May we then have the faithful courage to patiently persevere on the Gospel journey.



'Laudato Si' Week – In a few weeks time (16th -24th May) the wider Catholic Church will acknowledge the fifth anniversary of Pope Francis' Encyclical 'Laudato Si' through a week-long program of activities, tutorials and workshops, culminating in a global day of prayer. The theme this year is "Everything is Connected" and keeps very much in line with the Holy Father's original Encyclical, based upon care for all of creation and our common home, planet Earth. More information will follow in the upcoming weeks but for those wishing to take an advanced look, please visit the following website: https://laudatosiweek.org/

Blessings, Luke Smith

News from the Classroom

Year 3 have written some prayers for our health workers to thank them – see further on in newsletter.

School Community News

Kindergarten Enrolments - 2021

Enrolments for Kindergarten are able to be sent via email to St Therese's. Please find attached the enrolment form and complete same along with a copy of birth certificate, baptismal certificate and immunisation record to <u>admin@newlambton.catholic.edu.au</u>. Applications for siblings will be accepted up until Friday 29th May.

School Fees

At this difficult time we understand that people's finances are impacted. If you require a financial concession or support with school fees, there is an online form to complete at the CSO website to apply for these – see attached letter for links. <u>https://www.mn.catholic.edu.au/news-events/covid-19/</u>

Vicki McSpadden Bursar

Canteen

Welcome back to Term 2. The Canteen is operating as normal with a full menu selection available, however our lovely volunteers are still enjoying a rest from duty. Sushi Tuesday is still available.

Library News

SCHOLASTIC 🗱 Book Club

BOOK CLUB IS HERE—Virtual Catalogue while Students Learn from Home

For the first time in the history of Scholastic we will have a **Virtual Book Club for Term 2**

Click on the link below to view the virtual catalogue



https://scholastic.com.au/book-club/virtual-catalogue-1/

All orders for Issue 3 are through LOOP ONLY. Unfortunately NO CASH orders can be accepted. If you are not registered for LOOP, just click on the last page of the catalogue – student order form – and it will take you to LOOP where you can register.

Orders will still be delivered to our school as normal. Remember all orders earn valuable resources for our school.

Environmental News

1. Cut down on energy in own home Switch off lights, televisions and computers when not in use- set air conditioner to 23degrees for cooling



St Nicholas OOSH

Hello to everyone from St Nicholas OOSH New Lambton.

IMPORTANT INFORMATION – As of Monday 11th May 2020 before and after school care will resume operating out of our usual room. Please enter via the Burke Street gates and continue to practice social distancing.

The following request by the school will also apply to attendance at OOSH:

On each day that your child attends OOSH we ask that you do the following to ensure your child is healthy, to avoid the transmission of any illness:

- Check your child/ren's temperature
- Normal temperature range for children is 36.5 37.8 degrees (a temperature above 38 degrees indicates a fever).
- If your child/ren's temperature is elevated, recheck in 30 minutes as running around can result in slight increases in temperature.
- We ask that you **DO NOT** send your child to OOSH with any of the following symptoms:
 - A persistent cough
 - Sore throat
 - Vomiting or diarrhoea (children can only return to school 24 hours after these symptoms cease).
 - A rash of unknown origin
 - A runny nose

While COVID-19 is at the forefront of our thought now, we need to ensure all contagious illnesses do not enter our OOSH site including gastroenteritis, colds and flu. As we enter winter, we usually see a spike in colds and the flu. We will send home any student who displays any of the above symptoms. If you suspect that your child is unwell please keep them at home to help keep our staff and other children safe.

CHRISTINE MORGAN

NOMINATED SUPERVISOR - OOSH | ST NICHOLAS OOSH NEW LAMBTON Phone: 0455 099 594Email <u>christine.morgan@stnicholasoosh.org.au</u> Visit us online



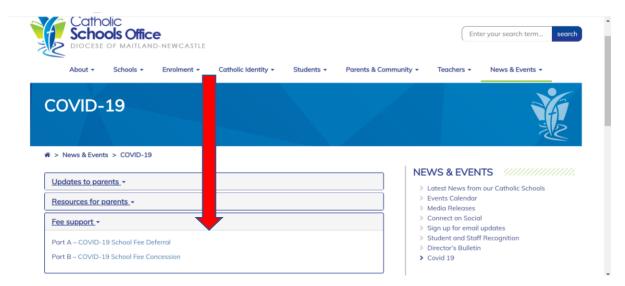
To bring Christ and His message, in all its richness, into the hearts and lives of all.

WHERE TO FIND THE COVID 19 FEE RELIEF FORMS ON THE CATHOLIC SCHOOLS OFFICE WEBSITE

Go the CSO Website and click on the News & Events tab. Click on the COVID-19 tab.



Click on the Fee Support Link under the COVID-19 tab. Click on Part A and or Part B and submit form/s.





Year 3 prayers for our health workers

Dear Lord, Please keep all the doctors, nurses, paramedics and others safe from Covid-19.

I will also ask for you to help anyone who has been infected by Covid-19. I hope they get better soon and the virus stops spreading.

Amen – Hamish Lawrence 3W



We thank you for your compassion and care To help the people here and there Through this hard time in our lives We stay at home in our hives You have kept lots of us safe All the way through And that is why we say to you **Anna Van Den Heuvel 3W**

TO THE NURSES DOCTORS AND THE HEALTHCARE WORKERS THANKYOU FOR ALL THE HARD WORK AND STRENGTH YOU GAVE US YOU ARE THE HEROES WHO FIGHT FOR THE STRANGERS WE PRAY THAT YOU RETURN TO YOUR FAMILIES AND STAY HEALTHY. Amen- Eylah Walton 3W Thank you for caring about our needs and putting a lot of effort into helping us Amen- **Jody Trummel** 3W

Dear God, Thank you for all Doctors and nurses who are helping everyone who has corona virus and everyone else who is sick in hospital . Please watch over them and keep them safe from the Corona virus.

Amen – Blythe Potts- Mouret 3W





Name of the father and the son and the holy spirit amen. Dear God I thank you and these doctors in these times and how they have been helping us in these tough times and if not to get worse but I just give you a huge thank you for what you and all doctors have done for us and how they have kept people alive. amen **Nicholas Blazevic 3N** To our health care workers, Thankyou for trying your best to keep us safe from Covid,19. Try and stay safe when you are working. I am grateful that you are saving heaps of lives **Vincent Cashman 3N**

I pray for our health care workers because they help protect people from viruses. When people get sick, they help people. Thank you so much health care workers!



Today we are grateful of the care we get from our health care workers at our hospitals. We hope their families are safe and well looked after in this time with everything Happening. At the hospital it would be tough, you would get very tired especially if you are on night shift. Amen

From Hope Bailey 3L

We pray for our health care workers and the help they are giving to save our lives. If we do get COVID 19 we will go straight to them. There is no doubt that everyone is thanking them for their hard work. Amen

From Rosemary Clarence 3L

To our Amazing Health Care Workers

You stand on the front line when most people would turn there backs. You risk your own health to save the lives of strangers. We thank you for the time and the strength you have given. May you stay safe and healthy. Amen - **From Sienna Walton 3L**



Healthy Eating

Children spend a large proportion of their time at school. Therefore, schools provide the perfect environment for children to develop healthy eating habits which will then continue on into adulthood.

The Good for Kids team are here to support your school implement these healthy eating programs and we have developed a range of resources that can help promote healthy eating in schools.

View the pages below to learn more:

- Nutrition Guidelines
- <u>Crunch&Sip®</u>
- Teaching Resources & Links
- Case Studies

IN NUTRITION

- GUIDELINES
- <u>TEACHING RESOURCES & LINKS</u>
- CASE STUDIES

Crunch&Sip®

Well done Hunter New England Schools! Over 80% of our schools have certified for Crunch&Sip®.

Crunch&Sip® is a time in class when children can eat a piece of vegetable or fruit that they have brought from home and sip on some water. Giving students this opportunity to "refuel" has been linked to improved physical and mental performance and concentration in the classroom.

If your school in interested in joining the program or requires support in making the program sustainable please <u>contact us</u> and view the below documents and websites:

Information for teachers

<u>Crunch&Sip® Resource Pack</u> including stage lesson plans and other teaching resources <u>Crunch&Sip® Registration Form & Policy Template</u> <u>Crunch&Sip® Resource Order Form</u>

Click <u>here</u> to go to the Crunch&Sip® website for more information and resources including student certificates, staff presentations, case studies and information snippets.

Information for parents

Crunch&Sip® Parent Brochure Crunch&Sip® Action for Parents

Crunch&Sip® was developed by the WA Department of Health. Crunch&Sip® WA was adapted from the Great Southern Public Health Service and the Albany and Narrogin District Education Offices Fruit & Water Policy in Schools Project.

