



Principal's Message

Dear Parents/Carers

Confirmation Meeting

A reminder that the meeting to discuss Confirmation, times, expectations etc. will be held tonight, Tuesday 2nd May commencing 6.30pm in the school hall. If you can't attend, please let Mr Luke Smith know so that you can be sent the information.

Athletics Carnival

I want to take this opportunity to thank Mr Luke Smith and the other staff and Parents who helped make the Athletics Carnival a great success. It was so good to see the whole school, Kinder to Year 6, along with parents and grandparents come together and enjoy the day. Even the weather was on our side, with beautiful sunshine and a glorious day. Speaking to the children afterwards, they all said that they really enjoyed the day and I want to congratulate them on the way they conducted themselves. The results will be published shortly, and a team selected to represent St Therese's at the Central Regional Carnival.

Mothers' Day Breakfast

Monday 8th May we will celebrate Mothers' Day with a breakfast for mums and grandmothers or other important women the the life of the children. Breakfast will be held in the school Hall and will commence at 7.30am. All are welcome.

Parent Engagement Group (PEG)

Last week I sent out a summary of the PEG Focus Groups. I asked you to take the time to consider joining one of the groups and sharing your talents and/or enthusiasm with the school. If you would like to find out more as to how you might be involved meetings are being held on Tuesday 23rd May in the library, commencing from 6.30 to 7.30pm and then a repeat on Thursday 25th May, 2.00 to 3.15 pm also in the library. Since our initial focus meetings Parents have started involving themselves in different PEGs: The organizing of the Disco, The Art Trail set down for term 3, The Year 6 end of year organizing team. What is the time commitment for PEGs; to be involved in a PEG doesn't mean you must commit to a long-term involvement; you might only want to be involved in one event or a specific activity, somethings that you are

Dates to Remember

**2 MAY – YR 4 CONFIRMATION INFO
NIGHT 6.30PM MAIN HALL**

4 MAY – AFL PAUL KELLY COMP

**3-5 MAY – 20% OFF LOWES SCHOOL
UNIFORMS**

8 MAY - MOTHERS DAY BREAKFAST

**10-12 MAY – YEAR 6 CAMP
YEAR 4 TREE PLANTING
LAMBTON PARK**

**16 MAY - SCHOOL DISCO
INFANTS 5-6.15PM
PRIMARY 6.30-8PM**

**19 MAY - NATIONAL WALK SAFELY
TO SCHOOL DAY**

24 MAY – DIO RUGBY TRIALS

5 JUN – BIG FUTSAL DAY

**12 JUN – PUBLIC HOLIDAY – KING'S
BIRTHDAY**

To bring Christ and His message, in all its richness, into the hearts and lives of all.



passionate about and you believe that it will have a positive impact on the children and the school. For example, being involved in the organization of a fundraiser (Colour Fun Run) to help raise funds for shade cloths or helping organize the swimming carnival or the carols event.

If you cannot attend either of the meetings but would like to be involved in some way, just contact the school via email or phone and one of the members of the leadership team.

Parents please be aware that we are experiencing a significant amount of Covid and Flu infections throughout the school. If your child is showing any symptoms, please keep them home.

“Happier, healthier and less stressed kids & families”

Parents looking for parenting programs or just a few extra ideas to help their children may have been discouraged by the cost, distance or time commitment required.

The Triple P Parenting Program was developed in Australia and has been well researched over many years. It has now been made available **online** and for **free** for parents of children under 12 yrs of age. There is also a program available for parents of children who are experiencing anxiety. Please use the link below for further information.

www.triplep-parenting.net.au

Duilio Rufo
Principal

Assistant Principal's Message

Dear Parents/Carers,

It is so lovely to be back into Term 2 and to see all your beautiful children.

School Uniform

This time of the year, the weather can be very changeable. We ask parents to use discretion with the uniform children wear, so that it is appropriate for the day. So, children can wear a mix of summer and winter uniforms until the official changeover to winter uniform, which is Thursday 1 June. All children are expected to wear the St Therese's uniform, so hoodies etc. are inappropriate. Children are also expected to wear black, leather shoes with their formal uniform – black boots and black joggers or skate shoes are not permitted.

Healthy Food

At St Therese's, we have a focus on children eating healthy food and drinks. Each day, we have fruit break at 10am, where children and staff eat fruit and/or vegetables, these can be fresh or dried. Fruits in jelly cups, fruit roll ups, fruit yoghurt etc. are not healthy options. We have also had several students bringing in soft drinks, cordial, and sport drinks such as Gatorade and PRIME, these are not permitted at St Therese's, due to their high sugar, preservative, and additive contents. Your child should only bring in water or fruit juice, and children are encouraged to bring their water bottles into class and refill them at the bubblers throughout the day.

Mother's Day

Our students are busy creating a beautiful gift for their mums. Could you please send in a plastic bag with your child's name by the end of the week, so that the gifts can be sent home ready for Mother's Day.

Kaylene Maretich,
Assistant Principal

Religious Education

Project Compassion Boxes: Final Reminder – Please send in any final money from the home Project Compassion boxes by this Friday. All money will be banked and sent to Caritas by this date.

I would like to make special mention of one of our students, Mia S. from 2L, who set up this stand in her front yard prior to Easter and has donated all proceeds to Project Compassion!



Luke Smith,
RE Coordinator

School Community News

Volunteering

Throughout the year, we welcome all parents/carers to volunteer at the school. To volunteer, you must complete the volunteer's induction via the link <https://www.mn.catholic.edu.au/families-communities/volunteers/>. This process can take up to 6 weeks, so you are encouraged to complete this early.

School Fees

The annual school fee statements have been emailed today and payments need to commence. When you receive your statement, please arrange for a regular Bpay, Direct Debit or an annual payment. Cash payments can be accepted at the administration office between 8.00am-3.30pm Monday to Friday or credit card payments can be taken over the phone on 4957 4922. You will find a direct debit form attached to the newsletter for your convenience. If you have a health care card (HCC), contact admin@newlambton.catholic.edu.au Please avoid using the Compass pay option.

Additionally, any family experiencing financial difficulty is entitled to fee assistance and will be appropriately and confidentially supported to assess what is affordable for their family. Please email the Principal, Mr Duilio Rufo directly at duilio.rufo@mn.catholic.edu.au

To bring Christ and His message, in all its richness, into the hearts and lives of all.



**Vicki McSpadden,
Bursar**

DISCO FEVER!!

Kids get your dancing shoes on.....St Therese's will see the return of the SCHOOL DISCO on Tuesday 16th May hosted by Bop Till You Drop as DJ/entertainment!!

Infants Disco (K-2): 5pm-6.15pm

Primary Disco (3-6): 6.30pm-8pm

Entry to this event is \$10 and can only be purchased through flexischools (includes a packet of chips, popper and a glow stick).

Please email school admin@newlambton.catholic.edu.au if your child has dietary requirements and if you would like to volunteer for either the infants and/or primary disco as a parent helper.

This is the first of many parent led initiatives under the Parent Engagement Group (PEG) umbrella in 2023.

Looking forward to seeing all the happy faces ready to have fun!!! LET'S GO!

Charlene Price

Mini Vinnies

It is that time of the year again when Mini Vinnies is asking for your assistance in helping others. Our Winter Appeal begins next week. Each grade is asked to bring food items allocated to their year group. Students will bring 1-2 food items each that can be donated to the St Vincent de Paul society, who will make up parcels for the needy in our community. Please help us to help those who are not as fortunate as we are. The Winter Appeal donations will be collected on Wednesday and Friday each week. It will finish Friday Week 8.

Kinder Baked beans, spaghetti, tinned snacks

Year 1: Pasta, Pasta sauce, noodles, tinned soup

Year 2: Tinned vegetables, tinned fruit.

Year 3: Toothpaste, soap, shampoo

Year 4: Cereal, Porridge, biscuits

Year 5: Spreads – vegemite, jam, honey etc Sauces – bbq, tomato etc

Year 6: Coffee, tea, milo, drinking chocolate

Thanks in advance for your generosity.

Headlice & Impetigo

Please be aware there have been reports of headlice and impetigo in our school.

Please check your child's hair and treat with the appropriate headlice products. Symptoms include itchy scalp and white specs stuck near the base of the head.

Impetigo or school sores show up as small red spots that change into blisters that fill with pus and become crusted. Children need to stay home until treatment starts. Sores must be covered with watertight dressings.

Bus Stop McCaffrey Drive at Rosedale Crescent temporarily closed

There is a temporary change affecting school bus services at the following bus stops, which may be used by students travelling to or from your school.

From 1 May – for approx. 3 weeks: Bus stop McCaffrey Drive at Rosedale Crescent (ID: 2287294), Rankin Park.

This stop will be temporarily closed for approx. 3 weeks due to City of Newcastle footpath construction work.

Students will need to use the closest bus stop, McCaffrey Drive opposite Duval St (2287293) which is a 3-minute walk up the hill (east) towards Duval St.

Signage will be posted on these bus stops to inform customers and students.

Canteen

Mon 8/5	Tues 9/5	Wed 10/5	Thurs 11/5	Fri 12/5
Magda Ramsay	Katie Robinson	Mandi Turnbull	Anthony Hughes	Kristy Lawrence
	Lauren Ross			Kristin Searl
	Marissa Harvey			Holly Van Schakowsky
	Charlene Price			

Sport

Coach's Corner

Diocesan Cross Country; 10th May:

Please join me in congratulating the following students that have qualified and made it through to Diocesan Cross Country:

Mary W, Macy H, Maisie S, Chase P, Sidney M, Sam E, Evie C, Grace O, Eloise, C, Baylen T, Cooper M, Oliver H, Aart M, Anna V, Lily P, Bailey B, Noah K, Ryder P, Lachlan C, Mia S, Sunny A, Leila O, Chandler D, Archie C and Vincent C.

It was heartening to see the effort and character that all participants showed at our School Cross Country late in Term 1.

May I also extend a sincere thank you to all parents and carers that volunteered on the day. Your efforts were outstanding and really made the day such a success for our students. Your help and input is sincerely appreciated.

Wonder Recycling Rewards for Schools:

Just a quick reminder that we are still collecting empty bread bags for sports equipment until 7th of July. Please send all empty bread bags to our Main Office where we have the collection bin.

<https://www.wonder.com.au/articles/what-can-you-recycle>

What can you recycle?

You can recycle any type of bread bag as part of the Wonder Recycling Rewards program! To clarify what we classify as a bread bag, read below: The rule of thumb is that if it has contained bread of some sort and is a soft plastic, then it's a bread bag. If it hasn't contained bread, then it's not a bread bag. How do we collect the bread bags at school*? Set up your Wonder Recycling Rewards Collection Box (there are four sent to you in your Wonder Recycling Rewards Kit). We suggest you set up one box at a time in a location that is easy for students to see and access. Can we recycle other materials other than bread bags? As part of the Wonder Recycling Rewards program we are only collecting bread bags. Do our bread bags need to be clean? Bread bags should be as free from crumbs as they can be to keep the recycling process free from contamination (there is no need to wash them). How are the bread bags recycled when we have collected them? Our recycling partner APR Plastics manages the recycling process

www.wonder.com.au

National Walk Safely to School Day:

Parents and Carers this day is on again, how quickly it seems to come around!

This year it will be held on Friday 19th of May.

As in the past, we will meet at Adamstown train station (Eastern side in the carpark).

We will meet at 8:15am with an aim to begin walking to school at 8:30am.

Everyone is welcome to join, parents, carers and furry friends alike.

Lunch Clubs Activities:

Please be aware, in consultation with the Active Lifestyle Team, the following activities will be available in the Main Hall at lunch time play on Tuesdays and Thursdays during Term 2:

Weeks 2 - 4: Frisbee Golf

Weeks 5 - 7: Corn Hole and

Weeks 8 - 10: Indoor Soccer

Mr Hartcher
Coach.

School Athletics Carnival – We were blessed with amazing weather last Friday and it was a fantastic day! Results are still being collated and the winners and qualifiers for the next level of competition will be announced at next week's assembly and printed in the following Newsletter. A special thank you to all our parent volunteers who stepped in to help out at events on the day!

Girls in Rugby Day

Some of our Year 5 & 6 girls attended the *Girls in Rugby Day* on Monday 1st May at Waratah Oval. The day was run by the Waratah Rugby Union Club and supported by the Hunter Wildfires. It was a fantastic opportunity for the girls to be introduced to the game of Rugby and learn some of the skills of the game. It was great to see the girls participate in all of the activities offered with big smiles on their faces. They are to be congratulated for their determination and willingness to try new things.



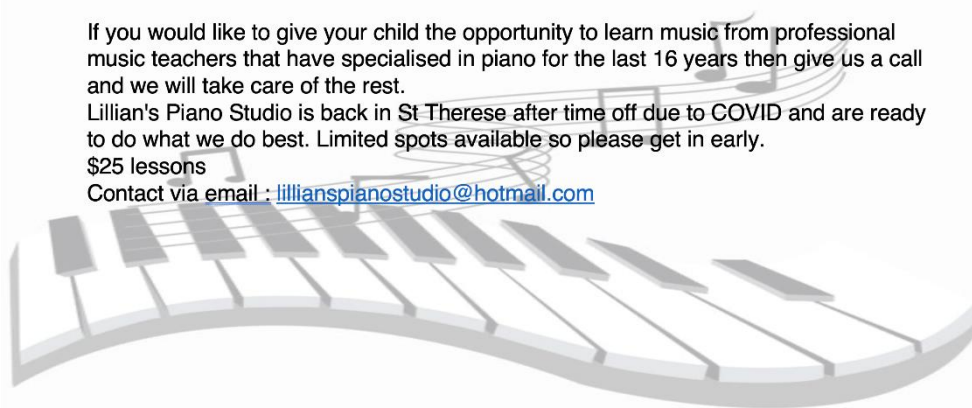
Professional Piano Lessons at School

If you would like to give your child the opportunity to learn music from professional music teachers that have specialised in piano for the last 16 years then give us a call and we will take care of the rest.

Lillian's Piano Studio is back in St Therese after time off due to COVID and are ready to do what we do best. Limited spots available so please get in early.

\$25 lessons

Contact via email : lillianspianostudio@hotmail.com



To bring Christ and His message, in all its richness, into the hearts and lives of all.





This 45-minute webinar provides families with strategies for supporting children and young people to have safe, positive experiences when playing games online. It is designed for parents and carers of children aged 7 to 14.

It will cover:

- when gaming can be beneficial and strategies to promote better in-game experiences
- how to keep children safe online – using safety and privacy settings in games and platforms
- strategies to promote more balanced gaming and how to create smoother transitions from game-play to other activities
- the key online risks and where to find help for things like bullying and harassment in games.

Getting the most out of gaming

Tuesday 23 May 7.30pm - 8.15pm

[Register here](#)



School student travel information for parents and students

School Travel Passes

Students who require a School Opal card or travel pass but have not yet applied need to [apply](#) or [update](#) their details as soon as possible.

In the Opal network, students should travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

New Student Opal cards (including new Term Bus Passes) will be sent to the student's nominated postal address within two weeks of their application being approved.

Students living in rural and regional areas will receive their travel pass from their nominated transport operator. It may be issued via their school or be sent directly to them at home. **Note:** some rural and regional operators do not issue travel passes.

Students/parents should confirm with their nominated operator if they do not receive a pass.

Terms of Use

Students using Opal cards must tap on and tap off in line with the [Opal terms of use](#).

All students are required to comply with the [Student code of conduct](#). The code of conduct aims to ensure the safety and well-being of school children and other passengers. It is important that parents ensure their child is aware of this, as failure to comply with the code of conduct can result in a suspension from travel.

Further information can be found at transportnsw.info/school-travel
Enquiries can be submitted at transportnsw.info/passes-concessions-feedback

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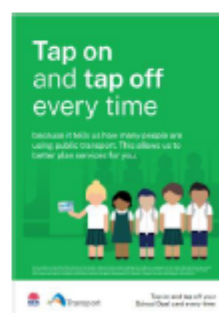
To assist School Administrators with student travel enquiries at this time of year, below is some information and answers to commonly asked questions.

School travel brochures and posters

Updated school travel brochures are now available on our website at transportnsw.info/resources-school-staff under 'Downloadable resources'.

Schools within the Opal network may also wish to make use of the School Opal card posters to remind students of the need to tap on and tap off.

Information for parents/students is attached as a PDF should you wish to include this in your school newsletter.



School travel FAQs for School Administrators

What should I do if I find an error on a student's travel application?

You can amend the first name, date of birth or grade for a student by clicking in the relevant row on the portal. Please ensure you have confirmed the information before making any changes. Refer to page 16 of the *School Portal User Guide* for further instructions. The user guide is accessible within the School Portal by clicking the arrow next to your username.

What should I do if I cannot confirm a student's details?

Please do not endorse the application. By selecting 'No' the application will be rejected and the applicant (parents) will be informed. They will then need to go online to update their information.

What happens if I have endorsed an application by mistake?

Unfortunately, once an application has been endorsed, the information can no longer be retrieved. Please advise the applicant (parents) to go online and re-apply.

What should I do if a student's details are correct, but the student is not eligible on distance?

Please endorse the application to confirm the address and details provided are correct. Our system will then calculate the distance and determine their eligibility and advise

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CHESS!!

Learn to be a chess champion! Coaching for students at St Therese's Primary School (New Lambton) is held on Mondays from 8:10am to 9:10am, starting on 1 May 2023.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email enrol@sydneyacademyofchess.com.au for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

A promotional poster for Rickys Music Tuition. The background is a photograph of a person with long brown hair playing a white electric guitar. Overlaid on the image is text in various colors and fonts. At the top left, "RICKYS MUSIC TUITION" is written in pink. In the center, "GUITAR LESSONS" is written in large white letters, with "NOW AVAILABLE!" in pink below it. To the right, a paragraph in white text says: "Giving Primary School students the confidence & experience to be real musicians with skills that will last a lifetime." Below this, "WHY LEARN GUITAR?" is written in pink, followed by "It is the backbone of nearly all music genres; pop, rock, alternative, jazz, blues, classical & more!" in white. At the bottom left, "CONTACT RICKY TO BOOK YOUR SPOT NOW" is in pink, with the email "enrol@rickysmusic tuition.com.au" and phone number "0431 524 870" in white. On the bottom right, there is a pink guitar icon and the text "STUDENTS OF ALL AGES" in white.

DECEMBER JUNIOR TOURNAMENT

Sunday 3rd - 2023



Venue: RAYMOND TERRACE BOWLING CLUB - Sponsors

An INVITATION is extended to all
Registered & Non - Registered Juniors
to

RAYMOND TERRACE

SUNDAY 3rd DECEMBER 2023

\$2,000.00
TOURNAMENT

1st \$900.00 ... 2nd \$600.00
plus
10 x \$60.00 open draws

COST - \$10.00 per player
(payable on the day)

Team and / or Single Entries

It's time to contact your local Bowling Club
start a
coaching and training program

Register your details:

Name: Age in 2023: Mobile

Note: All teams must have minimum
one (1) player 12yrs or younger



FORMAT / RULES

Open Event

16yrs & Under
(age in 2023)

Sets - Play

2 x Bowl Triples

2 x sets x 5 ends

T - respot as required

1 end 'shoot-out' re - tied sets

Attire

Club or Team coloured T- shirt

Continuous BBQ free for players

Greens open from 9:00am

Play starts 10:00am

Bowls available on request

Register

Entries close 30th November 2023

(e) letsplaybowls@gmail.com

Contact Game Day Coordinator: Warren Boyd 0403 194 683

e: letsplaybowls@gmail.com

www.letsplaybowls.com

www.letsplaybowls.com

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