



Principal's Message

Dear Parents and Carers

Pentecost

Sunday past the Christian Church celebrated Pentecost Sunday which commemorates the descent of the Holy Spirit on the Apostles and other disciples following the Crucifixion, Resurrection, and Ascension of Jesus Christ. The festival of Pentecost is important to Christians because it represents the beginning of the Christian Church. It reminds us how Jesus' promise that God would send the Holy Spirit was fulfilled. Pentecost always occurs 50 days after the resurrection of Jesus and 10 days after his ascension into heaven. Because Easter is a moveable feast without a fixed date, and Pentecost depends on the timing of Easter its date shifts with each Easter. And so, some two thousand years ago the Apostles started to spread the word of God to the whole world. Today as Christians we are still called to evangelize the world by spreading the Good News of the Gospels.

Reconciliation Week and Sorry Day

Every May 26 Australians commemorate National Sorry Day. It reminds us that as a Nation we need to remember the mistreatment of the Aboriginal Australian and Torres Strait Islander People and most recently we need to recall and never forget the "Stolen Generations". National Reconciliation Week (NRW) is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. The dates for National Reconciliation Week are the same each year; 27 May to 3 June.

On Friday 2nd June Years 5 and 6 will celebrate Mass together to express our solitude with our Indigenous brothers and sisters as we strive with them for reconciliation.

Annual School Visit

This year the Diocese has implemented an Annual School Visit whereby the Head of Education Steve Lemos and the Chief Operating Officer Lisa Tierney along with other Heads of Departments visit each school in the Diocese to engage with the principal and other staff to better understand how Catholic Schools are going. The Team will be visiting St Therese's on June 8 from 9am to 12noon.

PEG Meetings

My sincere thanks to the parents who attended the two PEG Meetings held last week. By Friday of this week, I will send out a summary of the

Dates to Remember

5 JUN – BIG FUTSAL DAY

8 JUN – DIO SOUNDS YR 5/6

9 JUN – REGIONAL ATHLETICS

12 JUN – PUBLIC HOLIDAY – KING'S BIRTHDAY

15 JUN - CONFIRMATION 6.30PM

16 JUN - INFANTS MASS 9.30AM

23 JUN – PJ DAY – GOLD COIN
MINI VINNIES DONATIONS
DUE

24 JUN – YOUTH MASS/CHOIR

30 JUN - STAGE 2 MASS

18 JUL - REGISTRATION FOR
COMMUNION 6.30PM

27 JUN - RUGBY LEAGUE 9S
BAND – UNITING CHURCH
PERFORMANCE

30 JUL - YR 6 FUNDRAISING BBQ

To bring Christ and His message, in all its richness, into the hearts and lives of all.



discussion and an invitation for parents to join the different PEGs. I feel that this new approach will be a major success in re-engaging with parents, and I look forward to working with you all in the coming years for the betterment of our children.

Please if your children are experiencing any flu like symptoms keep them at home as the Flu season ramps up.

Duilio Rufo
Principal

Assistant Principal's Message

Winter Uniform

This Thursday **1st June** is the official change over to our winter uniform.

Faith Community Week

Next week (Week 7) is Faith Community Week, so there will be no homework sent home for children. There will be some activities at school to celebrate this week:

- Monday: Music Monday – children will spend some time during the day having some fun in class with Just Dance etc.
- Tuesday: Toe Tapping Tuesday – disco in the hall for students - infants (lunch) & primary (recess)
- Thursday: walk around the block for all students with Mrs Maretich

Spend some time with your children doing fun outdoor or family activities.

Kaylene Maretich,
Assistant Principal

Religious Education

Pentecost: The coming of the Holy Spirit – Sunday we celebrated the coming of the Holy Spirit amongst the first disciples. How blessed we still are to be able to call upon God's Holy Spirit to give us strength and sustenance for the journey. May each of you receive with open hearts and minds the gifts of: **Wisdom, Understanding, Knowledge, Courage, Reverence, Wonder & Awe, and Right Judgment.** May each of you share generously with others, the fruits of: **Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control.**



Renewed & Reconciled

Pentecost celebrates the fullness of the Spirit and the great gathering of nations. It brings the Easter season to its conclusion. The Risen Lord has been exalted to his rightful place next to God and he has sent his Spirit to fill the earth with God's power. The world is charged with divine energy; it needs but a spark to ignite it with life and with excitement. This vitality explodes into the extraordinary. Tongues are loosed and speech overflows its linguistic constraints; charismatic gifts flood the valleys of human

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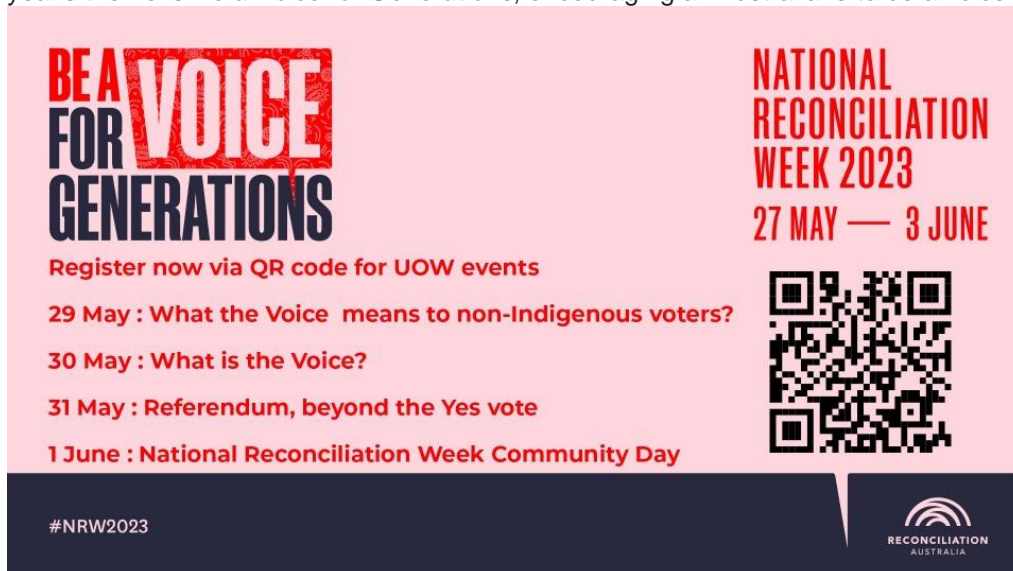
habitation; barred doors are burst open and frightened hearts are calmed. The Spirit of the Lord fills the whole world.

Once again we gather together for one reason, only to discover that God has gathered us for another. Through the Spirit of God, we are reconciled to each other and then together we spend ourselves for the common good. Through the Spirit of God the world is renewed, the community is revitalised, and we come to know the mysterious yet all pervasive peace of Christ.

The Spirit has been poured forth and works wonders wherever human hearts are open to its promptings. The earth is renewed each time rivalries are resolved, distinctions are recognised as merely expressions of diversity, peace is restored, comfort and solace are offered, and forgiveness is granted. We are immersed in the vigour of the Spirit of God. All we have to do is open ourselves to it and the reign of God will be born in our midst.

Taken from: <https://www.liturgyhelp.com/calendar/date/2023May28/0/RefDiBer>

Reconciliation Week – It's National Reconciliation Week - an annual time to learn, acknowledge, and celebrate Aboriginal and Torres Strait Islander history, culture and achievements. It's a time for uniting our country in achieving reconciliation in Australia. The week is held from 27 May until 3 June and this year's theme is *Be a Voice for Generations*, encouraging all Australians to be a voice for reconciliation.

A poster for National Reconciliation Week 2023. The top left features the text 'BE A VOICE FOR GENERATIONS' in large, bold, red and black letters. Below this, it says 'Register now via QR code for UOW events'. A list of dates and topics follows: '29 May : What the Voice means to non-Indigenous voters?', '30 May : What is the Voice?', '31 May : Referendum, beyond the Yes vote', and '1 June : National Reconciliation Week Community Day'. On the right side, it says 'NATIONAL RECONCILIATION WEEK 2023' and '27 MAY — 3 JUNE' in red. Below this is a QR code. At the bottom left is the hashtag '#NRW2023' and at the bottom right is the 'RECONCILIATION AUSTRALIA' logo.

Stage Masses

We extend a warm welcome to our parents, carers, grandparents and friends to attend, according to the dates and times below, as Fr Valerian will be celebrating Masses for our various stage groups over the coming weeks:

Friday 2nd June – 9:30am Mass for Stage 3 (Yr 5 & 6) - (Aboriginal & Torres Strait Islander Reconciliation Week)

Friday 16th June – 9:30am Mass for Infants (K, 1 & 2)

Friday 30th June – 9:30am Mass for Stage 2 (Yr 3 & 4)

Sacramental Program – Confirmation will take place, **Thursday 15th June 6:30pm** at **St Therese's Church, New Lambton.**

The **Information/Registration evening for First Holy Communion** will take place on **Tuesday 18th July at 6:30pm** (Hall or Zoom option available). Children will receive **Holy Communion** on either of the weekend **Parish Masses (Sun. 20th or 27th August at 9:15am).**

Year 3 students – will commence their Sacramental Program with a parent registration/information evening later in the year: **Tuesday 17th October (Term 4).**

Luke Smith,
RE Coordinator

To bring Christ and His message, in all its richness, into the hearts and lives of all.



School Community News

Volunteering

Throughout the year, we welcome all parents/carers to volunteer at the school. To volunteer, you must complete the volunteer's induction via the link <https://www.mn.catholic.edu.au/families-communities/volunteers/>. This process can take up to 6 weeks, so you are encouraged to complete this early.

School Fees

The annual school fee statements have been emailed and payments should have commenced. When you receive your statement, please arrange for a regular Bpay, Direct Debit or an annual payment. Cash payments can be accepted at the administration office between 8.00am-3.30pm Monday to Friday or credit card payments can be taken over the phone on 4957 4922. You will find a direct debit form attached to the newsletter for your convenience. If you have a health care card (HCC), contact admin@newlambton.catholic.edu.au Please avoid using the Compass pay option.

Additionally, any family experiencing financial difficulty is entitled to fee assistance and will be appropriately and confidentially supported to assess what is affordable for their family. Please email the Principal, Mr Duilio Rufo directly at duilio.rufo@mn.catholic.edu.au

Vicki McSpadden

Bursar

Canteen

Mon 5/6	Tues 6/6	Wed 7/6	Thurs 8/6	Fri 9/6
Magda Ramsay	Lauren Ross	Mandi Turnbull	Anthony Hawes	Kristy Lawrence
	Marissa Harvey			Kristin Searl
	Charlene Price			

PBS and Principal Awards

This term we are focusing on the value of **Compassion**. We congratulate the following children for receiving the PBS School Spirit Award for demonstrating **COMPASSION** by forgiving others:

School Spirit Award for demonstrating COMPASSION by being gentle to others					
KN	Olive H	KW	Genevieve L	KL	Jacob S
	Albie H		Hannah M		Walter H
1N	Hudson B	1W	Cillain M	1L	Bronte K
	Audrey G		Evelyn V		Sophie M
		2W	Ella C	2L	Audrey L
			Zali C		Amelia E
3N	Zara R	3W	Abbey C	3L	Oliver A
	Benjamin C		Emily S		Amelia G
4N	Phoebe B	4W	Noah M	4L	Samuel E
	Reid Moorgev		Knox R		William F
5N		5W	Lily P	5L	Milla G
			Patrick E		Bruno R
6N	Ada N	6W	Ava B	6L	Mackenzie S
	Liam B		Sienna S		Oliver R

Principal Awards

The following students will receive a Principal's Award at **Week 7 School Assembly**:

KW – Aadan M; **1L** – Vincent M, Sophie M & James D; **2L** – Rio Sheenan; **3N** – Patrick H, Roman A, Stanley S & Jacob E; **3L** – Macy G, Mabel C & Zac H; **3W** – Ezra C – Oliver S & Molly G; **4W** – Noah B
5L – Alex J **5N** – Noah J; **5W** – Isaac Muir; **6W** – Hamish L.

Congratulations and thank you, children, for upholding the values and principles of St Therese's.

Date: Monday 5th June

Time: 2:30pm

Melissa Pyers
Coordinator

To bring Christ and His message, in all its richness, into the hearts and lives of all.



Mini Vinnies

It is that time of the year again when Mini Vinnies is asking for your assistance in helping others. Our Winter Appeal begins next week. Each grade is asked to bring food items allocated to their year group. Students will bring 1-2 food items each that can be donated to the St Vincent de Paul society, who will make up parcels for the needy in our community. Please help us to help those who are not as fortunate as we are. The Winter Appeal donations will be collected on Wednesday and Friday each week. It will finish Friday Week 8.

Kinder Baked beans, spaghetti, tinned snacks

Year 1: Pasta, Pasta sauce, noodles, tinned soup

Year 2: Tinned vegetables, tinned fruit.

Year 3: Toothpaste, soap, shampoo

Year 4: Cereal, Porridge, biscuits

Year 5: Spreads – vegemite, jam, honey etc Sauces – bbq, tomato etc

Year 6: Coffee, tea, milo, drinking chocolate

Coach's Corner

Diocesan Rugby:

Well done to Oliver R, Jordy T and Lachlan M from Year 6 who recently trialled for the Diocesan Rugby Union Team. The boys attended Marcellin Park in Lorn where great determination and sportsmanship were displayed.



A special congratulations to Oliver R on making it through to the Polding trials that will be held soon in Forbes. Well done Oliver! We wish you all the best for your next trial.



Wonder Bread Bags:

Please continue to send your clean, empty bread bags to school. We have just over a month to continue collecting these which we can then convert into sports equipment for our playground.

Many thanks,
Coach

SPORT

Regional Athletics – Thanks to those students who have already returned their notes and payment to the front office. A reminder that this is **due this week - Wednesday 31st May**. The event is scheduled to take place at the Fearnley Dawes Athletics Track on **Friday 9th June**.

Luke Smith, Coordinator

Playgroup Update

St Therese's Playgroup is held every Friday morning from 9:15am in the school hall. Everyone is welcome at playgroup, and it's perfect for the children to meet other children that might be in their year when they start school, or for parents to meet other parents in our school community. Come along for some craft and fun! Join our St Therese's Playgroup Facebook group or contact Jo on 0439 435 287 for more information.





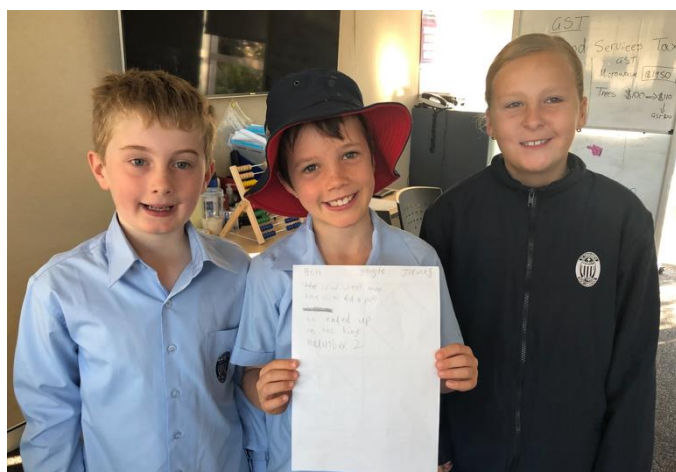
Each second Wednesday at 8am in the Library, a group of keen writers meet for the Poetry Club. It has been wonderful seeing older children working with younger children having fun with words. Susan Sheridan, a parent volunteer, teaches the group and Mrs McNeil is there to help.

The Poetry Club is extremely excited to announce that they will be hosting a performance evening at The **Newcastle Comedy in late Term 4!!!!** This will be a brilliant opportunity for the children to share their poetry to an audience. Keep Monday 27th November free in the diary- an event not to be missed! More information to come.

Our next two Poetry sessions this term are:

Week 7- Wednesday 7th June

Week 9- Wednesday 21st June



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good for life



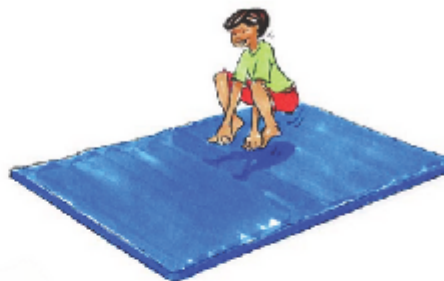
Indigenous Game: Jinnee ngaman billee billee dabbulgar

Background: The stunt activity of jinnee ngaman billee billee dabbulgar (jin-nee nar-man bil-lee bil-lee dab-bul-gar) was observed among the Capel district people of southwest Australia. It was usually only after much practice that this trick was able to be performed.

Game play: A stick is laid horizontally on the ground (or a marked line). A player squats beside it and holds his or her big toes while still squatting. The player then attempts to jump over the stick.

- Bend down, hold your toes. Ready.
- Jump.
- Try again.

Why not give this challenge a go
at home this week?



Source: Yulunga Traditional Indigenous Games | Australian Sports Commission (sportaus.gov.au)



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



Good for kids

good for life



Breakfast for brain power!

A healthy breakfast fuels physical activity and improves attention span, concentration, and memory - all important for learning!

Breakfast is a great way to get essential nutrients. Some ideas for a nutritious breakfast include:

- Wholegrain cereals - Weetbix, Cheerios, Sultana Bran, porridge
- Wholegrain toast - topped with avocado, tomato or reduced-fat cheese
- Untoasted muesli topped with reduced-fat yoghurt
- Raisin toast
- Fruit and vegetable smoothies

If you are running short of time in the morning, try on-the-go options like a tub of low-fat yoghurt, cereal to munch on, overnight oats or a piece of fruit!



Even a small breakfast will help your child to reach their potential at school.

Source: Breakfast | Nutrition Australia | <https://nutritionaustralia.org/fact-sheets/breakfast/>



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

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Jonas Jost: Show Host & Magician



Luke Forrester: Mouth Balancer



James Bustar: Comedy Juggler

TUESDAY 11 JULY 2023 (SCHOOL HOLIDAYS)
@ 11.30AM & 6.00PM

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- Bulk and individual ticket orders from schools, organisations, families and carers are welcome, including tentative bookings.
- All tickets are complimentary - One ticket per person is required when booking tickets.
- Bookings for multiple dates and showtimes are welcome. Tickets available until booked out.



OCCUPATIONAL THERAPY CLINIC



JULY 2023

SCHOOL HOLIDAY GROUP PROGRAMS

JULY 3RD- 7TH

**KINDER
SUPER SPIES**

Tues, Wed, Thurs, Fri

9:00am-10:30am



**WRITING REV UP
YEAR 4-6**

Mon, Wed, Fri

11:00am-12:30pm

**CYCLE
CLUB**



Tues, Wed, Thurs, Fri

1:00pm-2:30pm

JULY 10TH-15TH

**WRITING REV UP
YEAR 1-3**

Tues, Wed, Fri

9:00am-10:30am

**CREATION
CREW
PRESCHOOL**



Tues, Thurs

11:30am-12:30pm

**Princess
Power**

Tues, Wed, Thurs, Fri

1:00pm-2:30pm

HOPE TO SEE YOU THERE



4985 4273



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VA Building, University of Newcastle Callaghan Campus

To bring Christ and His message, in all its richness, into the hearts and lives of all.



JULY SCHOOL HOLIDAY GROUPS

KINDER SUPER SPIES

For current kindergarten students., focusing on routines, teamwork and consolidating writing skills.

WRITING REV UP

Targeted evaluation, skills practice and strategy/resource development, matching with school curriculum outcomes. Attend 1, 2 or all 3 sessions.

CYCLE CLUB

Let's figure out this bike riding thing! For those up and rolling, but lacking confidence and refinement. To those ready to transition from training wheels or pedal independently!

CREATION CREW PRESCHOOL

For preschool age children, exploring structured social interactions and working with others. Construction, craft, play and creativity.

Princess Power

For young ladies aged 7-12, focusing on resilience, friendships, mindset and confidence.



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MINDSTORMS

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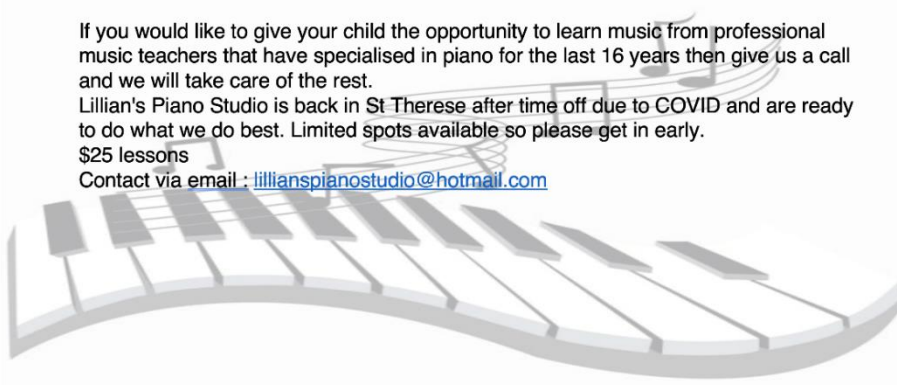
Professional Piano Lessons at School

If you would like to give your child the opportunity to learn music from professional music teachers that have specialised in piano for the last 16 years then give us a call and we will take care of the rest.

Lillian's Piano Studio is back in St Therese after time off due to COVID and are ready to do what we do best. Limited spots available so please get in early.

\$25 lessons

Contact via email : lillianspianostudio@hotmail.com





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