



## Acting Principal's Message

Week 7 is always Catholic Community Week, where we focus on taking time to stop, breathe and re-focus. There will be no homework this week, instead we encourage families to spend time together. I think this is even more important in Term 4, which can be such as busy term, with end of year performances, Christmas parties, and so much more.

### **Christmas Carols Evening**

We are all looking forward to the Christmas Carols Evening this Wednesday 22 November from 6-8pm. The gates will be open from 5:30pm. Please note the play equipment will be cordoned off for the safety of all children. Children in years K-6 will be sitting with their class for the evening and will be dismissed one grade at a time at the conclusion of the concert. We encourage parents/carers to bring in a picnic to enjoy, all plates, glasses, cutlery etc needs to be plastic/cardboard/bamboo etc. No breakable items such as glass and crockery will be permitted. Please be aware that this is an **alcohol-free** event. Thank you to Mrs Brymora and the teachers for the organisation of this event, and for all the hard work you have done to practise with the students.

### **Christmas Activity Day**

Thank you to all the families that have booked into the Christmas Activities for Friday 1 December. Many activities are booked out, so if you are yet to book in, please ensure you choose an activity that has available spaces:

- STEM
- Christmas Book and Craft
- Christmas Percussion and Music
- Nativity Craft

To book your child's activity – if you have not already done so, please follow the links below

Session 1 booking – <https://www.eventbrite.com/e/christmas-activity-session-1-tickets-757132954047?aff=oddtcreator>

Session 2 booking - <https://www.eventbrite.com/e/christmas-activity-session-2-tickets-757142191677?aff=oddtcreator>

### **Reports and Classes for 2024**

Reports will go live on Compass on Friday 8 December, at approximately 4:30pm. This will also be the day that parents/carers will be notified of your child's class for 2024. Classes will be sent home in an envelope on Friday 8 December. Some children that require extra support to transition into their new grade, may be notified of their 2024 class and teacher/s.

*To bring Christ and His message, in all its richness, into the hearts and lives of all.*

## **Dates to Remember**

**22 NOV – CHRISTMAS CAROLS  
CONCERT 6 – 8PM**

**26 NOV – SCHOOL YOUTH MASS  
WARATAH 5.30PM**

**27 NOV – SCHOOL ASSEMBLY 2.30PM  
POETRY EVENING 6-7.30PM  
NEWCASTLE COMEDY CLUB**

**1 DEC – CHRISTMAS CRAFT DAY  
SESSION 1 12:15-1PM  
SESSION 2 1:15-2PM**

**4 DEC – BAND CONCERT**

**6 DEC – YR 6 GRADUATION MASS 6PM**

**8 DEC – YEAR 6 MOTIV8SPORTS**

**11 DEC – SWIMMING CARNIVAL**

**14 DEC – GUITAR CONCERT 2.30PM**

**15 DEC – LAST DAY OF SCHOOL**

**1 FEB 24 – 1<sup>ST</sup> DAY OF SCHOOL YR1-6**

**5 FEB 24 – 1<sup>ST</sup> DAY OF KINDER**

### **Award Presentation and Nativity Play**

Our Award Presentation for students in Years K-5, will take place on **Friday 15 December**, from 9:30am in the Hall. The morning will conclude at around 11am, with the Nativity Play, presented by Kindergarten. We welcome all families to attend this morning, to celebrate a wonderful year.

### **Year 6 Clap Out**

Our Year 6 Clap Out will take place on **Friday 15 December**, from about 2:45pm. It is a beautiful way to farewell our Year 6 students and their parents as they leave St Therese's to start the next part of their journey, at their selected High Schools. Students in Years K-5 will farewell Year 6 from their classroom verandas.

**Kaylene Maretich**  
Acting Principal

## **Assistant Principal's Message**



Office of Safeguarding  
SchoolTV

This week we focus on the exposure of gambling on our youth.

The intersection of technology, gaming, and gambling has created a unique and concerning environment for today's generation of children and adolescents.

The consequences of this convergence between gaming, technology, and gambling include potential addiction, financial problems, and the development of unhealthy gambling habits from a young age.

An increased awareness about the risks associated with gambling can play a crucial role in safeguarding the well-being of children and adolescents in the digital age. It's important to foster a balanced understanding of technology and its potential risks while encouraging responsible and informed decision-making.

This Special Report provides guidance on how to empower young people to make responsible choices in this digital age.

Here is the link to your special report [https://newlambton.catholic.schooltv.me/wellbeing\\_news/special-report-gambling-young-people-au](https://newlambton.catholic.schooltv.me/wellbeing_news/special-report-gambling-young-people-au)

**Ben McCarthy**  
Assistant Principal

## **Religious Education**

**First Reconciliation** – Last Wednesday and Thursday, 49 of our students began the Sacramental Program by completing their First Reconciliation. Thank you to all the parents and teachers who have helped prepare the students for this sacrament and were there in support last week. As a sacramental people, Catholicism is steeped in symbolic and ritual traditions. Rather than looking at some of these as archaic practices that are from a past era, we can instead, discover anew the ancient wisdom and truth passed down to us through our own heartfelt participation. With the sacrament of Reconciliation reminding us that God is indeed loving, merciful and compassionate.

The challenge of the sacraments is not what is revealed to us about God through them, but rather how we are then called to go and live our life likewise!



**Totem Pole Project** – Many of you may have noticed the first of the 5 Totem Poles undergoing its rejuvenation over the past week or so. Mr Evis Heath is doing a fabulous job and is excited to share the symbolism and story of this first pole with our community once it is complete.



**Luke Smith**  
RE Coordinator

## **School Community News**

### **School Medication**

Please ensure that any changes to your child's medication is notified in writing and that you receive a reply from the office within 48 hours. If you don't hear from us please contact us immediately. We are in the process of updating our Administration of Medication procedures and this will be communicated to the school community in due course.

### **Volunteering**

Throughout the year, we welcome all parents/carers to volunteer at the school. To volunteer, you must complete the volunteer's induction via the link <https://www.mn.catholic.edu.au/families-communities/volunteers/>. This process can take up to 6 weeks, so you are encouraged to complete this early.

### **School Fees**

For those families who do not have a payment arrangement in place, please note that the balance of 2023 School fees are now due. Please arrange for payment to be made by the end of November.

If you need more time to pay the balance, or are experiencing financial difficulty, please contact the Finance Office Jenny Hurst to discuss how we can assist you.

Payments can be accepted at the administration office between 8.00am-3.30pm Monday to Friday or credit card payments can be taken over the phone on 4957 4922. Please avoid using the Compass pay option.

**Year 6 parents are reminded to check their fees are up to date to ensure a fee clearance for their new high school.**

### **Compass attendance notes**

Please be aware that adding attendance notes in Compass is for WHOLE DAY absences. If you are bringing your child to school late due to an appointment etc, you will receive the text message. Please disregard this if the child is with you. Then upon bringing them into the admin office, you will sign them in through the kiosk. This then adjusts the class roll in real time.

Also, if you are collecting your child early for some reason, please DO NOT add a note in advance, just call into the office and sign them out through the kiosk.

Your help with this matter would be greatly appreciated.

**Jenny Hurst**

**Acting Bursar**

### **Canteen**

<b>Mon 27/11</b>	<b>Tues 28/11</b>	<b>Wed 29/11</b>	<b>Thurs 30/11</b>	<b>Fri 1/12</b>
Leone Nancarrow	Simone Slamet	Kim Jordan	Luke Wilson	Sally Curzi
Neroli Moran	Teigan Jobbin			Kelly Robertson
	Sarah Bourke			Sarah Lee
				Sarah Hughes

A special reminder that the Poetry Club Performance Night is coming up. A group of dedicated poets and writers meet fortnightly at school to write and have fun with words. They are performing their poems at the Comedy Club in Newcastle.



To assist us with numbers, can you please fill out the following form if you are attending:

<https://forms.office.com/r/nY8C6nUjgH>

There is no cost for this event. Nibbles and refreshments will be provided.  
We cannot wait to see you on the night.

Any queries, please contact Patricia McNeil

[patricia.mcneil@mn.catholic.edu.au](mailto:patricia.mcneil@mn.catholic.edu.au)

### **PBS Awards**

This term we are focusing on the value of **Justice**. We congratulate the following children for receiving the PBS School Spirit Award for demonstrating **JUSTICE** by being cooperative:

<b>School Spirit Award for demonstrating COURAGE by being honest</b>					
<b>KN</b>	Marli L Claudia V	<b>KW</b>	Hollie M Florence F	<b>KL</b>	Hudson D William M
<b>1N</b>	Lennox K Eve S	<b>1W</b>	Viana G Camille W	<b>1L</b>	Massimo P Mila M
		<b>2W</b>	Zali C Ethan R	<b>2L</b>	Florence R Rio S
<b>3N</b>	Elana B Thomas P	<b>3W</b>	Ellie J Mason O	<b>3L</b>	Benjamin C Amelia M
<b>4N</b>	Ajay C Violette S	<b>4W</b>	Max C Maeve H	<b>4L</b>	Hunter B Evie T
<b>5N</b>	Eloise D Jack T	<b>5W</b>	Nash Q Ryan von E	<b>5L</b>	Harry N Luke R
<b>6N</b>	Zoe M Tully H	<b>6W</b>	Eliza A Ava B	<b>6L</b>	Felix M Eden H

### **Principal Awards**

Congratulations and thank you, children, for upholding the values and principles of St Therese's.

<b>Principal Awards</b>					
<b>1N</b>	Darcey P Logan O Laila N	<b>1W</b>	Elizabeth H	<b>2L</b>	Rio S
<b>3L</b>	Mia H	<b>5N</b>	Trevina M	<b>5L</b>	Rosie S Charlie T

The above students will receive a Principal's Award at their class assembly.

**Melissa Pyers**  
Primary Coordinator

### **Band Concert 4<sup>th</sup> December 2023**

Our Annual Band performance and Presentation will take place on Monday 4<sup>th</sup> December at 10am!  
This invitation is to all Parents, Grandparents, and friends to show off our Talented Concert Band.  
A great opportunity for our Year 2 Parents to come along and listen to our Band. Mr Ward will be happy to answer any questions you have about your child starting an instrument 2024.  
Our Ladies in the office have forms for any interested Students!

**Howard Ward Music**  
Ph: 0419 663 389

### **St Vincent de Paul Christmas Appeal 2023**

It is that time of the year again when Mini Vinnies is asking for your assistance in helping others. Our Christmas Appeal begins this week. Each grade is asked to bring food items allocated to their year group. Students will bring 1-2 food items each that can be donated to the St Vincent de Paul Society, who will make up parcels for the needy in our community. Please help us to help those who are not as fortunate as we are. The Christmas Appeal donations will be collected on Wednesday and Friday each week by the members of Mini Vinnies up until Wednesday 6<sup>th</sup> December. More information will be given to your child's grade regarding requested items. Thank you for your support,

#### **Year 5 Mini Vinnies**

**Kinder – sweet biscuits, fruit cakes**

**Year 1 – lollies, cordial**

**Year 2 – breakfast cereals, long life custard**

**Year 3 – chips, nibbles**

**Year 4 – tinned fruit & vegetables**

**Year 5 – pasta, spreads**

**Year 6 – savoury biscuits, spreads**

**Thankyou,**

**Year 5 Teachers**

### **Christmas Concert Update**

The end of year Carols By Candlelight concert is fast approaching. Here are some more details regarding the night.

- Concert details: Wednesday 22<sup>nd</sup> November @ 6pm - outside the Catherine McAuley Centre. Gates open at 5.30pm.
- Band students - please meet Mr Ward in the hall at 5.30pm. You will unpack your instruments there, tune, then head over the performance space outside the library.
- Kinder students - please meet outside the kinder rooms by 5.45pm. You are performing straight after the band.
- Students to dress in a Christmas outfit or Christmas t-shirt.
- Visitors are welcome to bring picnic blankets, chairs and picnic food. Please remember that alcohol cannot be brought onto the premises during the event.
- The expectation is that all students will participate in the concert. Could we please ask that you start making arrangements if your child has any after school activities. Please let your classroom teacher know if your child cannot make due to pre-arranged travels.
- All song lyrics have been sent to parents and carers via Compass. Could we please ask you to help your child with memorisation of the lyrics for the night.

Students are working so hard at creating these fabulously big-sounding choirs. The energy around making music together is positive, contagious, and really good for building our community spirit. We really are very much looking forward to sharing our music with you at the concert.



# NETCOM TECHNOLOGY

Setup and Configuration  
Repairs in our Workshop  
Laptop, Desktop, Phone  
Internet, 4 and 5G  
Home and Remote Support

Microsoft & Apple Certified  
We are Hamilton based  
Quotes or Flatrates charged  
Newcastle and most Suburbs

Please call for an appointment

Support simplified. (02) 4022 9700

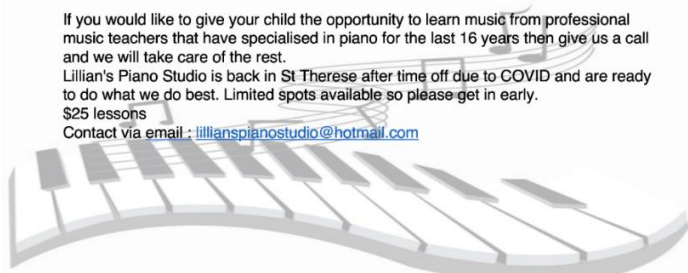
## Professional Piano Lessons at School

If you would like to give your child the opportunity to learn music from professional music teachers that have specialised in piano for the last 16 years then give us a call and we will take care of the rest.

Lillian's Piano Studio is back in St Therese after time off due to COVID and are ready to do what we do best. Limited spots available so please get in early.

\$25 lessons

Contact via email : [lillianspianostudio@hotmail.com](mailto:lillianspianostudio@hotmail.com)



**Arrendell**  
secondary education centre™

## Give your school results a boost in 2023

**Face to face and online lessons available**

- After school tutoring
- Holiday Schools - April, July, September
- Individual and small group lessons
- Extension work for high achievers
- Remedial literacy and numeracy
- HSC and scholarship exam preparation

Skilled, experienced and fully qualified teachers who can engage your child and make extra learning effective and fun.

Phone 0408 692 045 for your free, personalised educational consultation.

*45 years experience helping Hunter students achieve their goals*

0408 692 045 | [arrendell@ozemail.com.au](mailto:arrendell@ozemail.com.au)  
[www.arrendellsecondaryeducation.com.au](http://www.arrendellsecondaryeducation.com.au)

## ENGLISH TUTORING

Would you run onto the footy field without knowing the rules, tactics, and strategies?

Let your child learn the English tactics, then watch their confidence GROW in all subjects!

### FIRE IT UP WITH TAN FEARNLEY

- 25 YEARS TEACHING EXPERIENCE
- HEAD TEACHER ENGLISH
- ENGLISH, DRAMA, ESL, AND HISTORY TRAINED

Be part of the  
Fearnley Team!

### SESSIONS AVAILABLE

- HSC & Yr 11 ADVANCED ENGLISH
- HSC & Yr 11 STANDARD ENGLISH
- YEAR 7 -10 ENGLISH
- YEAR 6 HIGH SCHOOL ENGLISH READINESS
- SMALL GROUPS AND 1-1 AVAILABLE

TERM 4 - REGISTER NOW

Email [tanyafearnley@learninglegendsacademy.com](mailto:tanyafearnley@learninglegendsacademy.com)  
Contact Us 0400673525  
Visit Our Website [www.learninglegendsacademy.com.au](http://www.learninglegendsacademy.com.au)

Shop 8A, 228 Pacific Highway  
Hilltop Arcade, Charlestown

*Michael Nolan*  
VOCAL STUDIO

## LEARNING - SINGING - CONFIDENCE

### St Therese's New Lambton

Every individual voice is as unique as their fingerprints and for the past 11 years the Michael Nolan Vocal Studio has been helping vocalists get the most out of their natural ability, building their confidence along the way.

- Convenience of learning singing from an award winning studio on site and within school hours.
- Access to exclusive performance opportunities, unique workshops and events.
- Be a part of a studio that prides itself on skills taught, confidence built and connections made.

Limited lessons available...

### Contact Us

0412 464 565  
[www.michaelnolanvocalstudio.com](http://www.michaelnolanvocalstudio.com)  
[michael.j.nolan@outlook.com](mailto:michael.j.nolan@outlook.com)



**Good for kids**  
good for life



## Keep an eye on screen time

Screen time and digital technology can be part of a healthy lifestyle when it's balanced with other activities. This includes physical activity, creative play, reading, socialising and getting enough uninterrupted sleep.

Follow these tips to use technology in a balanced and healthy way:

- Make rules about screen time
- Aim for short screen time sessions, with active breaks
- Encourage outdoor play
- Encourage creative activities
- Encourage play with others
- Avoid screen time before bed
- Avoid digital technology in the bedroom, especially at night



**Source:** Screen time and digital technology use for children 6-11 years: tips for balance (raisingchildren.net.au)



[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

*To bring Christ and His message, in all its richness, into the hearts and lives of all.*

